This Community Resource Guide is the property of SIU Carbondale Head Start.

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The information contained in this guide is subject to change without prior notice. Please contact service providers for current information.
SIU Carbondale Head Start Program

Head Start is a federally-funded program for eligible preschool children and their families in Jackson and Williamson Counties. The program is comprised of four centers located in the communities of Carbondale, Carterville, Marion, and Murphysboro. Head Start is committing to helping all children and families succeed through participation in a variety of activities designed to prepare children for school. This includes including services to meet the special needs of children with disabilities, health screenings, healthy meals and snacks, and indoor and outdoor play in a safe environment. High quality services to families foster a sense of belonging for families and a provide opportunities to be involved in activities to help the entire family achieve goals.

One of the main objectives of Head Start is that of supporting families. The SIU Carbondale Head Start Family and Community Partnership staff has compiled this resource guide that lists various resources available to the residents of the communities in which the Head Start program is located. The Community Resource Guide is made available to all families enrolled in the program to assist families and individuals in directly obtaining needed resources and services.

If you need further information regarding the Resource Guide and available services, contact your Family and Community Service Worker or Center Director.

Dr. Lea Maue
Head Start Program Director
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# Jackson County Emergency Phone Numbers

Dial 911

Non-Emergency Phone Numbers

## Ambulance
- Carbondale: 618-529-5158
- Carbondale Township: 618-684-2773
- DeSoto: 618-529-5158
- Gorham: 618-684-2773
- Grand Tower: 618-684-2773
- Makanda: 618-684-2773
- Murphysboro: 618-684-5524

## Hospital
- Carbondale Memorial: 618-549-0721
- St. Joseph Memorial: 618-684-3156

## Fire
- Carbondale: 618-457-3234
- Carbondale Township: 618-549-4621
- DeSoto: 618-684-2177
- Gorham: 618-565-2557
- Grand Tower: 618-565-2400
- Makanda Township: 618-549-0213
- Murphysboro/Somerset/Pomona: 618-684-3991
- Vergennes: 618-684-2177

## Police
- Carbondale: 618-457-3200
- DeSoto: 618-867-2315

## Sheriff
- Jackson County: 618-684-2177

## State Police (DuQuoin)
- Emergency: 618-542-2400
- Non-Emergency: 618-542-2171

**Domestic Violence Hotline** 1-800-799-SAFE (7233)
**Child Abuse/Neglect Hotline** 1-800-25ABUSE (252-2873)
**Poison Control Information** 1-800-222-1222
Williamson County Emergency Phone Numbers
Dial 911

Non-Emergency Phone Numbers

<table>
<thead>
<tr>
<th>Ambulance</th>
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<tbody>
<tr>
<td>Williamson County Ambulance Services</td>
<td></td>
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<tr>
<td>Emergency</td>
<td>618-993-3019 or 911</td>
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<tr>
<td>Non-Emergency</td>
<td>618-997-4915</td>
</tr>
<tr>
<td>Cambria</td>
<td>618-985-2211</td>
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<tr>
<td>Lake of Egypt</td>
<td>618-964-1278</td>
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<tr>
<th>Hospital</th>
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<tr>
<td>Herrin Hospital</td>
<td>618-942-2171</td>
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<tr>
<td>Heartland Regional Medical Center (Marion)</td>
<td>618-998-7000</td>
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<tr>
<td>Cambria</td>
<td>985-3431</td>
</tr>
<tr>
<td>Creal Springs</td>
<td>996-2341</td>
</tr>
<tr>
<td>Herrin</td>
<td>942-6514</td>
</tr>
<tr>
<td>Johnston City</td>
<td>983-8311</td>
</tr>
<tr>
<td>Lake of Egypt</td>
<td>618-964-1278</td>
</tr>
<tr>
<td>Carterville</td>
<td>618-985-8060</td>
</tr>
<tr>
<td>Energy</td>
<td>618-942-7827</td>
</tr>
<tr>
<td>Goreville</td>
<td>618-658-8264</td>
</tr>
<tr>
<td>Marion</td>
<td>618-997-5730</td>
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<table>
<thead>
<tr>
<th>Police</th>
<th></th>
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<tr>
<td>Cambria</td>
<td>985-2211</td>
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<tr>
<td>Crainville</td>
<td>985-4311</td>
</tr>
<tr>
<td>Goreville</td>
<td>995-2157</td>
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<tr>
<td>Hurst</td>
<td>987-2469</td>
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<tr>
<td>Marion</td>
<td>993-2124</td>
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<tr>
<td>Carterville</td>
<td>618-985-4853</td>
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<tr>
<td>Energy</td>
<td>618-942-5833</td>
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<tr>
<td>Johnston City</td>
<td>618-983-5888</td>
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<tr>
<td>Herrin</td>
<td>618-942-4132</td>
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<tr>
<td>Pittsburg</td>
<td>618-993-8260</td>
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<table>
<thead>
<tr>
<th>Sheriff</th>
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<tbody>
<tr>
<td>Williamson County</td>
<td>618-998-2150</td>
</tr>
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** Domestic Violence Hotline        1-800-799-SAFE (7233)  
** Child Abuse/Neglect Hotline     1-800-25ABUSE (252-2873)  
** Poison Control Information      1-800-222-1222  
** Suicide Prevention Hotline      1-800-273-TALK (8255)  
                                           1-800-SUICIDE
STATE OF ILLINOIS SERVICES

- Alcohol Information and Assistance 800-821-4357
- Attorney General’s Office
  Local 618-529-6400
  Springfield-Consumer Fraud Bureau 800-642-3112
  Chicago 800-386-5438
- Child Abuse/ Neglect Hotline (DCFS) 800-25-ABUSE
- Commerce and Community Affairs
  Business Information 217-782-7500
- Dental Referral Service (Medicaid/All Kids) 888-286-2447
- Disabled Client Assistance Project 800-641-3929
- Division of Commerce and Economic Opportunity 800-252-2923
- Illinois Emergency Management Agency 800-782-7860
- Illinois Coalition Against Domestic Violence 217-789-2830
- Illinois Domestic Violence Hotline (24-Hour) 877-863-6338
- Lawyer Referral Service 217-525-5297
- Legislative Information 217-782-3944
- National Information Center for
  Children/ Youth with Disabilities 800-695-0285
- Protection and Advocacy 800-537-2632
- Illinois Department of Healthcare and Family Services
  Child Support Inquiry 800-447-4278
  Public Inquiry 800-252-8635
  Welfare and Medical Fraud 800-447-8477
- Runaway Hotline 800-621-4000
- Secretary of State Driver’s Services Hotline 800-252-2904
- Secretary of State’s Office 800-252-8980


AccessSI is a collaborative community information network sponsored by Man-Tra-Con Corporation, Southern Illinois Healthcare, and The Verizon Foundation with additional guidance from Southern Illinois University Carbondale’s (Center for Rural Health and Social Service Development, and Center for Workforce Development), University of Illinois Extension, Jackson County, Carbondale Community Education and the AccessSI Steering Committee.
ALCOHOL AND DRUG ABUSE PREVENTION and TREATMENT SERVICES

Centerstone  www.centerstone.org

Centerstone South  618-457-6703
2311 South Illinois Avenue  Fax: 618-529-4563
Carbondale IL 62903

Centerstone-Emerald Plaza  855-608-3560
200 North Emerald Lane  Fax: 618-549-3734
Carbondale IL 62901

Centerstone Main Street, Campus  618-997-5336
1307 West Main Street  Fax: 618-993-2969
Marion IL 62959

Centerstone Crisis Center  855-932-9330
403 Commerce Drive  Fax: 618-319-6069
Carterville IL 62918

Services: Provides broad range of mental health services. Outpatient clinical therapy for individuals, families and groups, ages 4-18. Screening assessment and support services. Intensive outreach program for children and teenagers ages 4-18 at risk for psychiatric hospitalization. Outpatient counseling, DUI evaluation and education, residential rehabilitation for adults, family, group, individual counseling related to substance use. Programs for pregnant teens and adolescent parents up to 21 years old. Programs for runaway and homeless youth aged 12-21. Marion Partnerships for Youth programs, Teen Action Program (school-based program), foster care support services and family prevention services for at-risk families referred by DCFS. Social/motional programs for children ages 0-5, and Early Head Start services.

Application process: Phone for more information.

Fee: Call for specific fees and insurances accepted.

Hours: Monday-Friday, 9:00 am-5:00 p.m.

Gateway Youth Care - Rehabilitation Service  618-529-1151
1080 East Park Street  Fax: 618-549-9540
Carbondale, IL 62901  www.recovergateway.org

Services and Population Served:

• Male and Female Teen (approximate ages 12-18): Residential and Day Drug Rehab and Alcohol Treatment
• Co-ed Adult/ Teen: After work/after school outpatient treatment programs; co-ed substance abuse aftercare for adults and teens

Application process: Contact intake coordinator by phone 618-319-7523

Fee: Insurance, Medicaid eligible, sliding fee scale, self, pay, OASA.

Hours: Rehab Advisors available 24/7.
CHILD CARE AND PRESCHOOLS

(See also: Early Intervention Services)
For referral or if you need assistance locating child care contact:

Child Care Resource and Referral (CCRR) 618-985-5975
607 Greenbriar Road (Offices) 618-985-5975
700 Logan College Drive (Mailing Address) http://ccrr.jalc.edu
Carterville, IL 62918 www.jalc.edu/ccrr/
Services: Providing information, referrals, and financial assistance to families; resources and support for child care and early education programs; training, education and professional development assistance to child care providers.
Hours: Monday, Wednesday, Thursday and Friday 8:00 am-4:30 pm; Tuesday 10:30 am-4:30 pm. Drop-Off Mail slot available to drop off paperwork.

Head Start Programs
SIU Carbondale Head Start www.headstart.siu.edu

- Carbondale Center / 618-453-2440
- John A. Logan Center/ 618-985-3741 x 8241
- Marion Center / 618-997-4255
- Murphysboro Center / 618-687-4433

Administrative Office: 618-453-6448
1900 North Illinois Avenue
Carbondale, IL 62901
Administrative Office Hours: Monday-Friday, 8:00 am-4:30 pm.
Services: Preschool services for children 3-5 whose families meet income guidelines. Comprehensive services include health screenings and referral, services for disabled children, nutrition services, family support services, parent education/training, mental health services and transportation. Services offered August-May.
Population: 3-5 years old.
Application process: Call for appointment.
Hours: Monday-Friday, half day and full day sessions from 8:00 a.m.-4:00 p.m.

Head Start Programs Serving Surrounding Counties
BCMW Head Start Community Services 618-532-4890
909 East Rexford Street Fax: 618-532-1573
P.O. Box 729 www.bcmwhs.org
Centralia, IL 62801
Serving: Clinton, Franklin, Marion, Bond and Washington Counties.
Early Head Start (Centerstone) 618-997-5336 x 6415
1205 West Main or 618-937-6483 x 7614
Marion, IL 62959 Fax: 618-997-5989
902 W. Main St. www.centerstone.org
West Frankfort, IL 62896

**Population:** Williamson and Franklin counties (pregnant moms/parents and children 0-3.

**Services:** Provides child and family development services in the home.

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Migrant Education Inc. 618-893-4022 or
P.O. Box 600, 8125 Old Highway 51 618-893-4541
Cobden, IL 62920 Fax: 618-893-2774

**Serving:** Migrant children and their families. Email: sucasas@intrnet.net

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Saline County Head Start 618-252-2680

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Southern 7 Health Department Head Start 618-634-2297
37 Rustic Campus Drive Fax: 618-634-9394
Ullin, IL 62992 www.southern7.org

**Serving:** Pulaski, Johnson, Union, Pope, Alexander, Hardin, and Massac Counties.

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Wabash Area Development, Inc. Head Start/ Early Head Start 618-963-2387
110 Latham St Fax: 618-963-252
Enfield, IL 62835 wadihs@shawneelink.com

**Serving:** Gallatin, Hamilton, Edwards, Saline, Wabash, Wayne, and White Counties.

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Western Egyptian Economic Opportunity Council 618-965-3458
1 Industrial Park, Box 7, Steeleville, IL 62888 Fax: 618-965-9421
www.weeoc.org

**Serving:** Perry, Randolph, Monroe, and Jackson Counties.
CHILD CARE CENTERS

Alice Wright Early Childhood Center
2500 Sunset Drive
Carbondale, IL 62901
618-549-4646
618-549-4222

Carbondale New School Pre-K and Kindergarten Programs
1302 East Pleasant Hill Road
Carbondale, IL 62901
618-457-4765

Child Development Lab (CDL)
875 Quigley Hall (SIUC), Room 116
Carbondale, IL 62901
618-453-4271

Hannah House Child Development Center
PO Box 545
810 North Wall Street
Carbondale, IL 62901
618-457-8801

Haven of Love
189 Haven of Love Drive
Makanda, IL 62958
618-457-5635

Head Start Programs
SIU Carbondale Head Start
www.headstart.siu.edu

- Carbondale Center / 618-453-2440
- John A. Logan Center/ 618-985-3741 x 8241
- Marion Center / 618-997-4255
- Murphysboro Center / 618-687-4433

Administrative Office: 1900 North Illinois Avenue, Carbondale, IL 62901
618-453-6448

Administrative Office Hours: Monday-Friday, 8:00 am-4:30 pm.

Services: Preschool services for children 3-5 whose families meet income guidelines. Comprehensive services include health screenings and referral, services for disabled children, nutrition services, family support services, parent education/training, mental health services and transportation. Services offered August-May.

Population: 3-5 years old.

Application process: Call for appointment.

Hours: Monday-Friday, half day and full day sessions from 8:00 a.m.-4:00 p.m.

Aftercare Hours: Care provided from 4:00-5:30 pm for full day and children enrolled in the afternoon session. No transportation for aftercare services.

www.headstart.siu.edu
www.facebook.com/SIUCHeadStart
<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Heartland Kids Early Learning Center</td>
<td>618-997-7200</td>
</tr>
<tr>
<td>3902 West Earnestine Drive</td>
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</tr>
<tr>
<td>Marion, IL 62959</td>
<td></td>
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<tr>
<td>Just Kids Too (school-age only)</td>
<td>618-942-7279</td>
</tr>
<tr>
<td>304 South Pershing</td>
<td></td>
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<tr>
<td>Energy, IL 62933</td>
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<tr>
<td>Totland 2</td>
<td>618-942-6971</td>
</tr>
<tr>
<td>402 S. Pershing</td>
<td></td>
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<tr>
<td>Energy, IL 62933</td>
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<tr>
<td>Kid Academy Preschool</td>
<td>618-997-7870</td>
</tr>
<tr>
<td>707 Skyline</td>
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<tr>
<td>Marion, IL 62959</td>
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<tr>
<td>Kid’s Day Out</td>
<td>618-687-5463</td>
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<tr>
<td>938 Keough Drive</td>
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<tr>
<td>Murphysboro, IL 62966</td>
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<tr>
<td>Kid’s Korner-Carbondale Park District</td>
<td>618-457-7356</td>
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<tr>
<td>101 North Glenview Drive</td>
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<tr>
<td>Carbondale, IL 62901</td>
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<td>Malone’s Early Learning Center</td>
<td>618-985-5911</td>
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<tr>
<td>108 Walnut</td>
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<tr>
<td>Carterville, IL 62918</td>
<td>618-985-3366</td>
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<tr>
<td>Services: Pre-school, Infant/ Toddler Classrooms, Transportation.</td>
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<tr>
<td>Migrant Education, Inc.</td>
<td>618-893-4022</td>
</tr>
<tr>
<td>PO Box 600</td>
<td>Fax: 618-893-2774</td>
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<tr>
<td>Cobden, IL 62920</td>
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<tr>
<td>8125 Old Highway 51 North</td>
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<tr>
<td>Cobden, IL 62920</td>
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<tr>
<td>Montessori School of Southern Illinois</td>
<td>618-687-4202</td>
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<tr>
<td>507 North Ninth</td>
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<tr>
<td>Murphysboro, IL 62966</td>
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<tr>
<td>Murry’s Child Development Center</td>
<td>618-867-2441</td>
</tr>
<tr>
<td>413 South Chestnut</td>
<td></td>
</tr>
<tr>
<td>DeSoto, IL 62924</td>
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</table>
Presbyterian Child Development Center 618-529-1551
310 South University
Carbondale, IL 62901

Rainbow’s End Child Development Center 618-453-6358
650 South State Street
Carbondale, IL 62901
Services: Serves 133 children, ages 6 weeks to 8 years
Application process: Parents must be students or members of the faculty and staff of SIU Carbondale. Complete application packet and physical exam.
Fee: Rates apply to the parent or family member who resides with and financially support the enrolled child(ren). Tuition and fees must be paid in advance.
Hours: 7:30 AM until 5:30 PM on Monday through Friday. Rainbow’s End follows the SIU calendar for holidays and closures

Robin’s Nest of Marion 618-997-7734
110 S. Virginia Ave
Marion, IL 62959

Robin’s Nest Learning Center 618-985-3581
1007 California Street
Carterville, IL 62913 (Old Crainville School)

Small World Child Development Center 618-997-7734
110 S. Virginia St.
Marion, IL 62959

Totland 2 Day Care Center 618-942-6971
402 South Pershing
Energy, IL 62933

Trinity Lutheran Learning Center 618-942-4750
1000 North Park
Herrin, IL 62948

Yellow Brick Road Learning Adventure 618-997-6961
1104 East Main Street
Marion, IL 62959
Accredited by National Academy of Early Childhood Program
CHILD PROTECTIVE SERVICES

DCFS-Illinois Department of Children and Family Services    618-993-8639
HOTLINE: 1-800-25ABUSE   www.state.il.us/dcfs/

Jackson County Office: 1210 Hanson Street, Murphysboro, IL 62966; 618-687-1733
Williamson County Office: 107 Airway Road, Marion, IL 62959; 618-993-8639

Services: Investigation of reports of abuse and neglect of children; follow up services to families with children who are abused, neglected or need foster care, unmarried mother services, and counseling services; parenting training, home service specialists, day care licensing, referral, adoption and advocacy.

Application process: Referrals made by self, relatives, neighbors, law enforcement, schools, other agencies.

Hours: 8:30 am-5:00 pm, Monday-Friday; 24-Hour Hotline.

HOTLINE: 24-Hour Hotline for reporting suspected cases of child abuse and neglect; 1-800-252-2873. All reports are confidential.

Family First / Intact Families

Services: Intensive in-home services for families referred by DCFS. Assist families with additional resources regarding parenting skills and referrals.

Population: Families with open cases with DCFS. Must have one child under the age of 12 years.

Eligibility: Referral from DCFS required.

Caritas Family Solutions    618-985-2000
10286 Fleming Road     Fax: 618-985-2033
Carterville, IL 62918    www.caritasfamilysolutions.org

Services: Adoption, foster care, family counseling, pregnancy care, mentoring young parents, emergency assistance, school counseling, multi systematic therapy, senior services

Population: 14 Southern Illinois Counties

Application process: Call for more information. Apply in person.

Fee: Sliding scale

Hours: 8:30 am-4:30 pm, Monday-Friday; additional hours for evening counseling sessions.
CHILD ADVOCACY CENTERS

Perry Jackson Child Advocacy Center 618-357-2990
PO Box 155, Fax: 618-357-2280
5512 State Route 154 www.perryjacksonac.org
Pinckneyville, IL 62774

Williamson County Child Advocacy Center 618-942-3800
501 South 14th Street Fax: 618-942-6941
Herrin, IL 62948
Services: Coordinate child sexual abuse investigations; provide advocacy and referral services to victims of child sexual abuse and severe physical abuse; train and assist police officers in the interviewing of sexually abused children, develop community awareness to child sexual abuse issues. Truancy Reduction Program offered at selected schools.
Population: Children who have been sexually abused or severely physically abused, and their families.
Eligibility: Referrals ONLY from DCFS, Police and Mental Health, State’s Attorney in Williamson County.

Lutheran Social Services of Illinois 1-800-455-5774 or 618-997-9196
1616 West Main Street Fax: 618-997-6843
Marion, IL 62959
Services: Counseling, adoptive and custody studies, child welfare (Family First and Foster Care), foster parent training, emergency assistance, insurance assessment, prisoner and family ministry, divorce mediation.
Fee: Assistance available
Hours: 8:30 am-5:30 pm, Monday-Friday.

528 South 5th Street, Suite 211 www.preventchildabuseillinois.org
Springfield, IL 62701
Services: Education and advocacy associated with the prevention of child abuse, domestic violence and substance abuse.

Spero Family Services 618-684-8870
101 Spero Drive Fax: 618-687-3056
Murphysboro, IL 62966 www.sperofs.org

The Night’s Shield Children’s Shelter 618-932-6400
301 E. Garland St. www.thenightssshield.org
West Frankfort, IL 62896
CIVIC GROUPS OF SOUTHERN ILLINOIS

**Jackson County**

Carbondale Elks 618-457-4455

**Carbondale Breakfast Rotary** 618-549-6953
Meets Tuesday 7:00 am at the Intermission Center - Varsity Theater

**Carbondale Rotary** 618-534-0614
Meets Wednesdays 12-1 at Carbondale Elementary School District Building Giant City Rd.

**DeSoto Lions Club** 618-684-6662
Meets the 2nd Monday at 7:00 p.m. every month at the DeSoto Village Hall

**DeSoto Masonic Lodge** 618-924-7437
The Masons meet the 1st and 3rd Thursdays at 7:00 p.m. of each month at the lodge located at 107 South Walnut Street

**Knights of Columbus** (Murphysboro) 618-687-3258

**Lions Club** (Murphysboro) 618-687-2252

**Murphysboro Elks** 618-684-4541

**Murphysboro Kiwanis Club** 618-684-5873

**Williamson County**

**Herrin Elks Club** 618-942-5653

**Kiwanis Club** (Marion) 618-998-4177

**Knights of Columbus** (Herrin) 618-942-2316

**Lions Club** (Carterville) 618-985-6868

**Marion Elks** 618-993-3151

**Marion Lions Club** 618-997-3550

**Rotary Club**
Jackson and Williamson Counties Sunset meet each Tuesday at 6:00 pm at Bandana’s BBQ, Main Street, Carbondale, Illinois.

**Rotary Club** (Herrin) 618-942-3151
Meets Mondays at noon at the Herrin Civic Center

**Rotary Club** (Marion) 618-997-6311

**United Way of Southern Illinois** (Marion) 618-997-7744
CLOTHING ASSISTANCE

Carterville Food Pantry 618-985-3171
121 West Illinois Avenue
Carterville, IL 62918 (behind the Carterville Water Bank)
Services: Provides free food and clothing to needy families, $1.00 for coats. Food limited to residents of Carterville and Crainville. Clothing is for anyone. USDA commodities for Crainville/Carterville area. Proof of income and residency required for commodities.
Hours: Tuesday, 9:00 am-12 pm; Friday, 9:00 am-12 pm.

Create-A-Smile Thrift Shop 618-534-5347
115 South Division Street
Carterville, IL 62918
Services: Clothing, household items, seasonal items, knick-knacks, toys, electronics, and furniture available.
Profits benefit the Create-A-Smile Foundation.
Hours: 10 am-5 pm, Monday-Saturday.

Daystar Community Program 618-734-0178
909 Washington Avenue
Cairo, IL, 62914
Services: Limited funding to pay for prescription medicines, utilities, rent, security deposits and shelter expenses. The Food Pantry/USDA Commodities have canned food, frozen sandwiches and groceries. Another service, the Madeline’s Mart thrift store, can provide winter clothing, school supplies, and household goods.

Elkville Baptist Church’s Clothes Closet 618- 568-1223
510 N 4th Street
Elkville Illinois 62932
Services: Clothing of all sizes, shoes, purses, household items, toys, etc. are available and EVERYTHING IS FREE!
Hours: Open on Saturdays from 9 to 11.

First Baptist Church 618-932-2105
106 West Oak Street
West Frankfort, IL 62896
Services: Free clothing and limited household items.
Hours: Wednesday, 9:00 am-11:00 am.
Goodwill Store (Carbondale) 618-549-3415
1145 East Main St. mersgoodwill.org
Carbondale, IL 62901
Hours: 9:00 am-8:00 pm
Herrin Community Pantry 618-942-2080
509 North 17th Street
PO Box 522
Herrin, IL 62948
Services: Clothing and food.
Population: Residents of Herrin, Colp, Freeman, Spur, and Energy.
Hours: 9:00 am-12:00 pm on Tuesday and 1:00 pm-4:00 pm on Friday.

Love and Truth Hope Ministry (Crainville) 618-973-3251

The Manna Mission 618-983-6262
306 East Broadway
Johnston City, IL 62951
Services: Food pantry and thrift store.
Population: Johnston City School District for food. Anyone can shop at the thrift store.
Hours: 9:30 am-4 pm Monday and Wednesday; 9:30 am- 5:30 pm Tuesdays, first Saturday of every month 9:30 am-12:30 pm. Pantry 10:00am-3:00pm, Wednesday

Salvation Army of Southern Illinois www.salvationarmyusa.org
Serving: Thrift Stores located in Carbondale, Marion, West Frankfort. Go online to locate a store nearest your location.

Southern Illinois Area Assistance Programs www.needhelppayingbills.com
This website includes many agencies that offer assistance in many Southern Illinois counties. Information from housing grants (for rent, mortgages, or security deposits) to free food, heating or utility bill help, loans, and other aid is offered. Whether low income and living in Pulaski or Union county, or a nearby region, or someone who needs free medical care or transportation, assistance is offered.

Supporting People In Need (SPIN) 618-201-7198
822 Industrial Park Road
PO Box 781
Murphysboro, IL  62966
Services: Assist the people of southern Illinois in cases of personal property damage due to fire, flood, tornado, or other disasters as they occur. Also assist the elderly, disabled, and needy people of southern Illinois during a time of distress by giving clothes, household items, assistant needs equipment, and offering referrals to other agencies.
Application process: Apply in person.
Fee: None.
**Hours:** Thrift Shop: Wednesday and Thursday, 10 am-2:30 pm; Friday- Saturday, 9:00–4:30
Soup Kitchen 12pm-2pm
Facebook: [www.facebook.com/supportingpeopleinneed](http://www.facebook.com/supportingpeopleinneed)

**The Thrift Shop-Carbondale**

215 North Illinois
Carbondale, IL 62901

**Services:** Provide clothing and household goods for all members of the family at a low price.

Vouchers available from various agencies.

**Hours:** Tuesday-Saturday, 10:00 am-6:00 pm.
Vouchers redeemable Tuesday and Saturday 10:00 am-12:00 pm.

**University Baptist Church**

700 South Oakland
Carbondale, IL 62901

**Services:** Interchurch Council Food Pantry, and University Baptist Church Clothes Closet.

**Hours:** 9:00 am-11:00 am, Mondays and Fridays.

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**CLOTHING THRIFT SHOPS/CONSIGNMENT STORES**

A Kiss Good-Buy Consignment Shop, 116 E Monroe, Herrin 618-942-6446
Create A Smile Thrift Store, 115 South Division, Carterville 618-534-5347
Goodwill Store, 1145 East Main, Carbondale 618-549-3415
Goodwill Store, 2806 East Outer Drive Road, Marion 618-998-1670
Jane’s Consignment Shop, 1224 West Main Street, Carbondale 618-549-5645
Mother Goose Children’s Consignment, 412 North Maple, Cambria 618-985-3137
Salvation Army Thrift Store, 1101 East Main, West Frankfort 618-932-3990
Salvation Army Thrift Store, 906 Tower Square, Marion 618-997-9355
Two Bugs and a Bean, 1821 W. Main St., Carbondale (Children’s resale boutique) 618-529-5558
DISABILITIES SERVICES

(See also: Early Intervention Services, Support/Self-Help Services)

Alexander Graham Bell Association for the Deaf and Hard of Hearing 202-337-5220
3417 Volta Place
Northwest Washington, DC 20007
TTY: 202-337-5221
Illinois Chapter: 180 Hansen Court, Wood Dale, IL 60191
www.agbell.org
Email: info@agbellil.org


Eligibility requirements: Adults and/or children with hearing loss, families and friends, educators and/or physicians, speech-language pathologists, audiologists. Emphasis on auditory approached.

Fee: Call for membership contribution levels; general inquiries and resource/referrals are free.

Hours: 8:30 am-5:00 pm, Monday-Friday.

American Cancer Society 618-288-2320 or 1-800-227-2345
5 Schiber Ct. Bldg. A
Maryville, IL 62062
Fax: 618-997-8456
www.cancer.org

Services: Educational films, materials, speakers, programs on all aspects of cancer.

Application process: Call 800 telephone number for education programs or patient service.

Patient services: Assistance with transportation to and from treatment; help in arranging equipment loans; visitor programs; information on all cancer related topics.

Provide free wigs, accessories, or styling services.

Information: Complete data bank of information on cancer available 24 hours/7 days a week.

Fee: None

American Foundation for the Blind 1-800-232-5463 or 212-502-7600
1401 S. Clark Street, Ste. 730
Arlington, VA 22202
Email: afbinfo@afb.net
www.afb.org

Services: Include broadening access to technology; elevating the quality of information and tools for the professionals who serve people with vision loss; and promoting independent and healthy living for people with vision loss by providing them and their families with relevant and timely resources.

Application process: Write or Phone.

Hours: 8:30 am-4:30 pm, Monday-Friday

American Heart Association 1-800-242-8721 or 217-698-3838
2141 W White Oaks Dr, Suite A
Springfield, IL 62704
Fax: 217-698-4585
www.americanheart.org

Services: Public education, guest speakers, and heart information.

Application Process: Call for more information.

Hours: 8:00 am-4:30 pm, Monday-Friday.

American Lung Association of Illinois The Lung Helpline 1-800-548-8252
The Lung Helpline 1-800-548-8252

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

Services: American Lung Association of Illinois provides information on lung health and disease, prevention and education, and support for patients and caregivers.

Application process: Call for more information.

Hours: 8:00 am-5:00 pm, Monday-Friday.

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

Services: American Lung Association of Illinois provides information on lung health and disease, prevention and education, and support for patients and caregivers.

Application process: Call for more information.

Hours: 8:00 am-5:00 pm, Monday-Friday.

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

Services: American Lung Association of Illinois provides information on lung health and disease, prevention and education, and support for patients and caregivers.

Application process: Call for more information.

Hours: 8:00 am-5:00 pm, Monday-Friday.

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

Services: American Lung Association of Illinois provides information on lung health and disease, prevention and education, and support for patients and caregivers.

Application process: Call for more information.

Hours: 8:00 am-5:00 pm, Monday-Friday.

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

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American Lung Association of Illinois 1-800-548-8252
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211 E. Madison St., #100
Chicago, IL 60603
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Hours: 8:00 am-5:00 pm, Monday-Friday.

American Lung Association of Illinois 1-800-548-8252
211 E. Madison St., #100
Chicago, IL 60603
Fax: 312-326-1527
www.lung.org

Services: American Lung Association of Illinois provides information on lung health and disease, prevention and education, and support for patients and caregivers.

Application process: Call for more information.

Hours: 8:00 am-5:00 pm, Monday-Friday.
3000 Kelly Lane Springfield, IL 62711

The Quit Line 1-866-QUIT-YES
www.lungil.org
www.quitlyes.org

Services: Information and education about lung, health, and care. Education for families with asthmatic children. Smoking cessation help, chronic obstructive pulmonary disease support groups. No financial help available. Camp Superkids for kids 8-12 years of age with asthma. Scholarships available.

Population: General Public.

Fee: Some charges for smoking cessation materials.

Autism Society of Southern IL
PO Box 2621, Carbondale, IL  62902
2200 South Main, Suite 205 Lombard, IL 60148-5366
Toll Free: 1-866-691-1270 or 630-691-1270
Fax: 630-932-5620

www.autismsocietysi.org

Services: Information and referrals to doctors and other professionals. Education, training, individual assistance and support is provided as well.

Center for Autism Spectrum Disorders
625 Wham Drive, Wham Room 124, SIU Carbondale, Carbondale IL 62901
618-453-7130
Fax: 618-453-7178
autism@siu.edu

Services: The Center provides many services for children with autism and their families, including autism screenings, diagnostic assessments, and therapy, in which language, social, and daily living skills are targeted. The Center also works collaboratively with other professionals involved in the child’s life.

Fee: The Center for Autism spectrum Disorders currently offers assessment service free of charge for families in our region. There is currently no hourly fee for therapy services; however, there is a $200 per semester materials fee for therapy services. Payment plans may be arranged.

Division of Specialized Care for Children (DSCC)
Marion Regional Office Building
2309 West Main, Suite 119 Marion, IL 62959

1-800-451-0464
618-997-4396
Fax: 618-993-8929
www.dscc.uic.edu

Services: DSCC offers care coordination, benefits management, and financial assistance for the diagnosis and treatment of children from birth to age 21 with eligible special health care needs. Special health care needs include chronic disabling conditions such as heart defects, orthopedic conditions, cerebral palsy, hearing impairments, neurological disorders, urinary system problems, some eye impairments, certain inborn errors of metabolism, hemophilia, cystic fibrosis and some craniofacial conditions such as cleft lip/palate.

Financial assistance is based on parental income and available private insurance must be utilized prior to expenditure of DSCC funds. Care coordination and benefits management is provided to eligible children regardless of financial eligibility.

Application process: Contact intake worker or online.
Fee: No cost if eligible; some financial assistance available to those eligible.
Hours: 8:00 am-4:30 pm, Monday-Friday.

Epilepsy Foundation of Greater Southern Illinois
100 Aviation Drive, Kozlara Terminal, Suite B
Mt. Vernon, IL 62864
Fax: 618-244-6686
www.efgreatersil.org
Email: efsi@mvn.net

Services: Provides epilepsy education, up-to-date information on disorder, transportation services to the neurologist’s office, and low-cost neurological evaluations by appointment to clients up to age 18 who have a possible or diagnosed seizure disorder. Referrals accepted from physicians, social service agencies, school personnel, and family members.
Application Process: Referral from physicians, agencies and families by letter, phone, or visit.
Fee: None.
Hours: 9:00 am-5:00 pm, Monday-Friday.

Lions Club
300 West 22nd Street
Oak Brook, IL 60523-8842
www.lionsclubs.org

Services: Assist the blind and promotes the conservation of eyesight; helps to provide eyeglasses for those who might not be able to afford them.
Contact: Local Chamber of Commerce for name and number of presidents of local club, or visit the website for local listings.

National Association for Visually Handicapped
22 W. 21st St.
New York, NY 10010
Fax: 212-727-2931
www.nchpad.org
Email: navh@navh.org

Services: Large print books, pleasure reading, informational booklets about partial vision for parents and partially seeing children, information/referral services to government and private sources. Large print newsletters; loan Library through the mail; counseling and visual aid catalogue. Programs include Low Vision Center, Vision Rehabilitation, Assistive Technology Training, Orientation and Mobility Training, Occupation Therapy, Early Intervention, Youth Services, Social Services, and Career Services.
Application process: By phone, letter or personal visit, referral by doctor, social worker, self, etc.
Fee: Annual membership $50.00.
Hours: 9:00 am-5:00 pm, Monday-Friday.

NovaCare Rehabilitation
2421 West Main Street
Carbondale, IL 62901
Fax: 618-529-3219
www.novacare.com
Services: Physical rehab services for children and adults with developmental disabilities, orthopedic and neurological conditions, head and spinal cord injuries, and communication and swallowing disorders.

Fee: Medicare, Medical Card/All Kids, private insurance and worker’s compensation insurance.

Locations: Clinics in Jackson County and other centers in Southern Illinois

Hours: 7 am-5:30 pm, Monday-Friday.

NeuroRestorative
618-529-3060
306 West Mill Street
Carbondale, IL 62901
www.neurorestorative.com

Services: Neurobiological, brain and spinal cord injury services: Neurorehabilitation, Neurobehavioral rehabilitation, supported living, Outpatient and day treatment, children and adolescent integration, host-home/in-home programs, respite services, and substance abuse.

Personal Medical Equipment and Services, Inc.
1-800-433-8280
517 East Vienna Street, Suite D
Anna, IL 62906
Fax: 618-833-4445

Services: Home medical equipment and oxygen

Population: Anyone within a 60-mile radius of Anna, IL, who can document a payment method.

Fee: Price of equipment or service provided.

Hours: 8:30 am-5:00 pm, Monday-Friday; available 24 hours for emergencies.

School for Hearing Impaired
(V/TDD) 618-997-2472
(Affiliated with Williamson County Special Education District)
801 East Reeves
Marion, IL 62959
Fax: 618-993-1615
Email: hearingimpaired@midamer.net

Services: Schooling for hearing impaired children, autism and communication disorders aged 3-21; audiologist on staff to do hearing tests for children ages birth to 21.


Eligibility: Referral from School District.

Fee: Tuition based from referring school district.

SIU Carbondale Clinical Center
618-453-2361
Wham Bldg. Room 141
625 Wham Dr., Carbondale IL 62901
www.clinicalcenter.siu.edu
Email: clinicalcenter@siu.edu

Services: Psychological evaluations; individual, family, couple, and group counseling; speech-language evaluations and therapy; hearing and central auditory processing evaluations; physical therapy.

Population: Anyone in the community, as well as SIU faculty, staff and students.

Application process: To request service, call 453-2361 (walk-in requests are also accepted).

Fee: Sliding fee scale.

Hours: Monday and Wednesday 8-5, Tuesday and Thursday 8-8, Friday 8-4:30
Southern Illinois Center for Independent Living  
(V/TDD) 618-457-3318 
2135 West Ramada Lane, P.O. Box 627  
Carbondale, IL 62901  
Fax: 618-549-0132  
www.sicil1.org

Services: Support Service for people with disabilities and their families. Services include: information and referral, peer counseling, skills training, advocacy, employment training program, personal assistant training and referral program, blind and deaf services, disability awareness training, information to communities and individuals regarding the Americans with Disabilities Act and Accessibility Surveys.

Population: Jackson, Williamson, Franklin and Perry Counties

Application process: Phone or come in.

Fee: None. To become a member, dues are $2.00/individuals and $25.00/businesses.

Hours: 8:30 am-4:30 pm, Monday-Friday.

Southern Illinois Radio Information Service (S.I.R.I.S.)  618-453-2808  
(For the blind and physically impaired)  1-866-498-5561  
1100 Lincoln Drive, Suite 1003, SIU Mailcode 6602  
Carbondale, IL 62901  
Fax: 618-453-2801  
www.wsiu.org

Services: Radio reading service for the blind and physically impaired. Includes local newspapers, magazines, novels, poems, etc.

Population: 27 counties in Southern Illinois and 3 counties of S.E. Missouri.

Fee: No fees; Station is a closed-circuit FM station with supplied radio receiver to pick up frequency.

Hours: 9:00 am-4:30 pm.

Specialized Training for Adult Rehabilitations (START)  618-687-2378  
20 North 13th Street, Box 938  
Murphysboro, IL 62966  
Fax: 618-687-2733  
www.startinc.org/startinc@startinc.org

Services: Evaluation, work adjustment training, sheltered employment, residential alternatives, job placement and follow-up, developmental skills training and supported employment.

Population: Developmentally disabled adults in Jackson County.

Application process: Contact Coordinator of Professional Services.

Fee: None.

Hours: 8:00 am-4:30 pm, Monday-Friday.

Supplemental Security Income (SSI)  618-457-3618 or 877-714-0377  
TTY: 618-549-6381  
Social Security Administration, 250 West Cherry Street, Rm 104  
Carbondale, IL 62901  
www.ssa.gov

Services: Monthly income for people who are 65 or older, or blind, or have a disability, and who don’t own much or have a lot of income. Blind or disabled children may qualify.

Application process: Call for appointment.

Hours: 9:00 am-4:00 pm, Monday-Friday and Wednesday 9-12

TLC of Southern and Central Illinois, Inc.  (Answering Machine only)  618-985-2181  
PO Box 364  
1703 Poteete  
Fax: 618-985-6055
Carterville, IL 62918  
**Services:** A voluntary agency serving children and adults with disabling conditions.  
**Application process:** Contact office.  
**Fee:** None.  
**Hours:** 8:30 am-5:00 pm, Monday-Friday.

**Tri-County Special Education**
1335 N. Cedar Court  
Carbondale, IL 62901  
**Services:** Services for children with disabilities 3-5 years old.  
Referrals encouraged: Related services of transportation, speech/language. Physical and occupational therapy provided for E.C.H. students.  
**Application process:** Referrals.  
**Referral to agency:** Maximum 60 school days may be used to complete process.  
**Fee:** None.  
**Hours:** 8:00 am-4:00 pm, Monday-Friday.

**Williamson County Special Education District**
411 South Court  
Marion, IL 62959  
**Services:** Full range of comprehensive diagnostic and program services.  
**Population:** Ages 3 to 21-year-old students with disabilities residing in five-member districts of Williamson County (Johnston City, Marion, Crab Orchard, Herrin and Carterville). Does not serve Non-U.S. Residents.  
**Application process:** Referrals from Head Start parents, public schools, and other agencies.  
**Fee:** None.  
**Hours:** 8:00 am-4:00 pm, Monday-Friday.

**EARLY INTERVENTION SERVICES**

(See Also: Child Care and Preschools)

**Archway**
PO Box 1180, 2751 West Main  
Carbondale, IL 62903  
**Services:** Speech/language pathology and developmental therapy. Support and services for family. Respite childcare program for children ages 2-5 with developmental delays (see child care section).  
**Population:** Children from birth to three. Respite childcare for children ages 2-5.  
**Hours:** 8:00 am-4:00 pm, Monday-Friday.

**Additional Services:** Providing services such as Speech/Language Therapy, Developmental Therapy, and Family Support. Also, providing medical equipment such as bath aids, walkers, therapy balls, etc.
TIKES (Teaching and Interacting with Kids for Educational Success)  
2751 West Main Street, PO Box 1180  
Carbondale, IL 62903  
Services: Home visits, case coordination, resource library, play groups, family and parent/child activities.  
Population: Jackson and Perry counties, children ages birth through three years and their families.  
Application process: Call.  
Hours: 8:00 am-4:00 pm, Monday-Friday.

LIFT  
1108 West Willow, PO Box 1180  
Carbondale, IL 62903  
Services: Classroom and home-based program offering developmental therapy and screenings.  
Population: Jackson and Perry counties, children ages 0-5 with development delays.  
Application process: Call.  
Hours: 8:00 am-4:00 pm, Monday-Friday.

Carbondale Elementary District 95  
Pre-K Program  
Parrish School, 121 N Parrish Lane  
Carbondale, IL 62901  
Services: Developmental screening, pre-school education, language development consultant services.  
Population: 3-5-year old children who may exhibit a six-month delay in one developmental area.  
Fee: No charge.

The Birth to Three Program:  
121 Parrish Lane  
Carbondale, IL 62901  
Services: Parenting support, bi-monthly home visits, information/referrals to community resources, group time encounters, resource room with books/DVDs for check-out.  
Population: Ages 0-3 and expectant mothers within 3 months of delivery living in Carbondale School District  
Fee: No charge.

Center for Autism Spectrum Disorders  
625 Wham Drive, Wham Room 124, SIU Carbondale  
Carbondale, IL 62901  
Services: The Center provides many services for children with autism and their families, including autism screenings, diagnostic assessments, and therapy, in which language, social, and daily living skills are targeted. The Center also works collaboratively with other professionals involved in the child’s life.

Carbondale, IL 62903  
archwaykids@gmail.com  
Fax: 618-529-5785

Carbondale, IL 62903  
archwayei@gmail.com  
Fax: 618-549-0231

Carbondale, IL 62901  
Email: jgentry@ces95.org  
Fax: 618-457-4661

Carbondale, IL 62901  
Email: autism@siu.edu  
Fax: 618-453-7178

Carbondale, IL 62901  
Email: archwayei@gmail.com  
Fax: 618-549-0231
Fee: The Center for Autism Spectrum Disorders currently offers assessment services free of charge for families in our region. There is currently no hourly fee for therapy services; however, there is a $200 per semester materials fee for therapy services. Payment plans may be arranged.

Child and Family Connections  
PO Box 1180, 2751 West Main  
Carbondale, IL 62901  
Fax: 618-549-8137  
800-661-0900  
618-529-3147  
Services: Linkage services for children birth to 3 years with developmental delays/disabilities.  
Application process: Call for information.  
Fee: Sliding, income-based fee scale.  
Hours: 8:00 am-5:00 pm, Monday-Friday.

Early Head Start (Centerstone)  
1205 West Main  
Marion, IL 62959  
618-997-5336 Marion  
or 618-937-6483 West Frankfort  
www.centerstone.org  
Population: Williamson and Franklin counties (pregnant moms/parents and children to three years).  
Services: Provides child and family development services in the home.

Early On (Centerstone)  
902 West Main Street  
West Frankfort, IL 62896  
618-997-5336 Marion  
or 618-937-6483 West Frankfort  
www.centerstone.org  
Services: Home based developmental program for children with disabilities from birth to 3 years.  
Population: Franklin and Williamson counties.  
Application process: Telephone for referral from Child and Family Connections (800-661-0900).  
Fee: Call for specific fees and insurances accepted.  
Hours: 8:30 am-5:00 pm, Monday-Friday.

Parents as Teachers-Rebound  
Carbondale/Family Literacy-P.A.T./Carbondale Community High School  
205 North Oakland Avenue  
Carbondale, IL 62901  
618-549-8232  
Fax: 618-357-0288

Unity Point School  
4033 South Illinois Avenue  
Carbondale, IL 62901  
618-529-4151  
www.up140.jacksn.k12.il.us  
Services: Pre-Kindergarten Program, Baby TALK Parent education program for parents and children ages 0-3.  
Application process: Call for information.  
Fee: None.
SIU Carbondale Southern Region Early Childhood Programs 618-453-4271
875 S. Normal Ave, SIU Carbondale
Carbondale, IL 62901

**Services:** Birth to three-provides services to infants and toddlers and their families. The program is home-based with families being visited at least twice a month. The program focuses on parent and child interactions in child development with children 0-3 and 3-5. Parental Training Program-parent education experiences for pregnant parents and children through age five.

**Area served:** Murphysboro, DeSoto, Thompsonville, Elkville.

**Fee:** None

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**Tri-County Special Education**

1335 N. Cedar Court
Carbondale, IL 62901

Fax: 618-687-1638

www.tcse.us

**Service:** Services for children with disabilities 3-5 years old in Jackson County; referrals encouraged. Related services of transportation, speech/language with physical and occupational therapy provided. Serving Jackson, Perry, and Union Counties.

**Application process:** Referrals from Head Start parents, public schools and other agencies.

**Fee:** None.

**Hours:** 8:00 am-4:00 pm, Monday-Friday.

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**Williamson County Early Childhood Cooperative**

411 South Court, Marion, IL 62959

Fax: 618-997-3950

www.wcecc.net

**Services:** Developmental screening, pre-kindergarten program, Parents as Teachers program including Teen Parent Program. Center based programming offered.

**Population:** Children 0-5 and families in Williamson County who qualify for services.

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**Williamson County Special Education District**

411 South Court
Marion, IL 62959

Fax: 618-997-3950

www.wces.co

**Services:** Services for children with disabilities 3-5 years old in Williamson County. Referrals encouraged. Related Services of transportation, speech/language with physical and occupational therapy provided.

**Application process:** referrals from Head Start parents, public schools and other agencies.

**Fee:** None.

**Hours:** 8:00 am-4:00 pm, Monday-Friday.
EDUCATION AND FAMILY LITERACY SERVICE

Child Care Resource and Referral 618-985-5975
607 Greenbriar Road (Offices) Toll Free: 800-548-5563
700 Logan College Drive (Mailing Address) www.jalc.edu/ccrr/
Carterville, IL 62918

Services: providing information, referrals, and financial assistance to families; resources and support for child care and early education programs; training, education and professional development assistance to child care providers.

Hours: Monday, Wednesday, Thursday and Friday 8:00 am-4:30 pm; Tuesday 10:30 am-4:30 pm

John A. Logan College—Post Secondary Education Services 618-985-2828 Ext. 8101
700 Logan College Drive www.jalc.edu
Carterville, IL 62918

Services: Community college offering career and technical education certificates and two-year degree programs, transfer education, workforce development, continuing education, community education, and other programs

Fees: Tuition based.

John A. Logan College Adult Basic Education 618-985-2828 Ext. 8539
700 Logan College Drive, Office H105-D www.jalc.edu/adult-basic-secondary-education
Carterville, IL 62918

Services: High school equivalency preparation classes offered in the following towns: Carterville, Marion, Herrin, West Frankfort, Murphysboro, and DuQuoin

Population: Adults 17 years of age or older wanting to obtain high school equivalency (GED).

Fees: No Charge

Hours: Day and evening options are available. Days and times will vary by location.

John A. Logan College—Adult Volunteer Literacy Services 618-985-2828 Ext. 8539
www.jalc.edu/adult-basic-secondary-education/literacy-program
700 Logan College Drive, H105-A
Carterville, IL 62918

Population: Adults 17 years of age or older wanting to learn to read and improve basic reading, writing and/or math skills

Services: Basic reading, writing, and math instructions provided by trained, volunteer tutors. Tutoring available in several locations throughout the college district. Hours: Day and evening options are available. Days and times are flexible.

Fees: No charge.
**Operation Rebound**

205 North Oakland  
Carbondale, IL 62901

**Services:** GED classes, Adult Basic Education classes, high school credit classes, Family Literacy program, ESL instruction, basic computer operations. Home visiting/case management program for students with children and provides parenting education, parent/child activities and development screenings for children.

**Population:** Adults 16 and over who have not completed high school or are deficient in basic skills and not enrolled in regular school; currently enrolled high school students with credit deficiency.

**Hours:** Annual schedule changes. Call for specific times. Night classes available.

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**Parents as Teachers**

Carbondale/Family Literacy-P.A.T./Carbondale Community High School  
205 North Oakland Avenue, Carbondale, IL 62901  
Fax: 618-357-0288

**Services:** Parent education program for parents and children ages 0-3.

**Application process:** Call for information.

**Population:** Parents and children birth-3.

**Fee:** None.

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**SICCM (Southern Illinois Collegiate Common Market)**

3213 South Park Avenue, Herrin, IL 62948  
Fax: 618-942-6658  
www.siccm.com

**Instructional Programs:** Works with area colleges and universities to provide instruction for certification to selected students in the following areas:
- Health Information Technology
- Medical Laboratory Technology
- Surgical Technology
- Occupational Therapy Assistant
- Vet Tech

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**University of Illinois Extension**

**Jackson County:**

402 Ava Road, Murphysboro, IL 62966  
618-687-1727/Fax: 618-687-1612

**Williamson County:**

201-B West Main Street, Marion, IL 62959  
618-993-3304/Fax: 618-997-1542  
web.extension.illinois.edu/fjpwr/

**Services:** Educational programs and information; Grandparents Raising Grandchildren newsletter, nutritional program, horticulture and agriculture programs, youth development programs.

**Motto:** Investing in you.

**Application process:** Office visit or call.

Serves: Franklin, Jackson, Perry, Randolph, and Williamson

Hours/Days of operation: Monday-Friday 8:00-4:30 pm  
Closed from 12:00-1:00 pm (lunch)
EMERGENCY/CRISIS SERVICES

American Red Cross  http://www.redcross.org/mo/st-louis/about/locations
South Central Illinois Chapter/24 hours:
Jamie Beaver, Disaster Program Manager  309-222-5838
Dawn Morris Executive Director for Southern Illinois
1045 Outer Park Dr.
Springfield, IL
Services: Fire/disaster relief and health education (first aid; CPR, water safety; blood drives; emergency communication for military personnel.
Population: Anyone in 14 southern Illinois counties, especially those experiencing a fire/disaster.
Application: Contact the local Fire Department 844-319-6560
Call: 24 hours/7 days per week Free installation of up to three smoke alarms
Fee: Emergency services and blood donations are free; education classes have varying costs.
Hours: Administrative office: 9:00 am-3:00 pm, Monday-Friday.

Cares Hotline  1-800-345-9049
Services: Crisis intervention for children and youth.
TTY:  1-866-794-0374

Crosswalk Community Action Agency  618-937-3581
410 West Main Street
West Frankfort, IL 62896
Fax:  618-937-3583  www.crosswalkcaa.com
Services: Emergency services and housing rehabilitation.
Energy assistance through the Low-Income Home Energy Assistance Program (LIHEAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides annual payments on behalf of clients to their energy providers to help offset the cost of heating their homes. This program also can provide emergency assistance when a client has been disconnected by a utility company or when the supply of heating oil or LP gas is dangerously low. This program also has some funds available to repair or replace defective furnaces or heating appliances.

Home weatherization through the Illinois Home Weatherization Assistance Program (IHWAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides no-cost weatherization services to eligible homeowners and cost sharing of such services to rental property housing eligible households. These services could include insulation, weather-stripping, caulking, doors, windows and repair/replacement of heating systems.
Population: Franklin, Jackson, Jefferson and Williamson counties.
Application process: Call for information.
Good Samaritan Ministries
701 South Marion Street
Carbondale, IL 62901
Services: www.goodsamcarbondale.org

- **Travelers Aid:** Help stranded travelers get to their destinations by providing a gasoline voucher or a bus ticket (provided on an emergency basis)
- **Rent/utility Assistance:** For emergency situations or for the purpose of preventing homelessness, when funds are available.
- **Transitional Housing:** For women, men and their children up to 24 months.
- **Food Pantry:** At the University Baptist Church, 700 South Oakland; Monday 9:00-1:00 pm and Friday, 9:00 am-11:30 am, distributes food to community members in need.
- **Soup Kitchen:** 7 days a week at 701 South Marion. Breakfast: 8:00 am-9:30 am; Lunch: 11:30 am-12:30 pm; Dinner: 5:30 pm-6:30 pm.
- **Holiday Help:** Provides holiday food boxes for families in need who are referred by local agencies, such as churches, schools, daycare centers and community service agencies in the Carbondale community.

Lighthouse Shelter
618-993-8180
1101 North Madison Street
Marion, IL 62959
www.thelighthouseshelter.com/Admin@TheLighthouseShelter.com
Services: Shelter for homeless, domestic violence safe house, advocacy and case management.

Marion Ministerial Alliance
618-993-8419
103 East Calvert, Marion, IL 62959
Services: Soup kitchen: Monday-Friday 11:30 am- 12:30 pm. Free food pantry every Tuesday, 8:30 am- 11:30 am. Helping with rent, electricity and gasoline, etc., as funds are available. Christmas food box program, back to school program. Financial assistance available, call to apply.
Population: Marion area residents.
Fee: None.
Hours: Monday-Friday,8:30 am-12:30 pm. (Check local listings for alliances in your area)

National Hopeline Network
1-800-SUICIDE
(1-800-784-2433)
www.hopeline.com

The Promise
618-922-4496
818 W. Main, Ste 3
Marion IL 62959
Services: Lunch provided from 12:00-1:00 pm
Clothing and free donated bread offered when available
Food Give-A-Way: 2X’s per month every other Friday.
Sunday Church Services: 11:00-12:00 pm
Hours: 10:00 am-4:00 pm
Pregnancy Matters

Jackson County:
www.pregnancymatters.com 618-549-2794
241 South Lewis Lane, Carbondale, IL 62901

Hours/days of Operation:
Monday, Wednesday, Friday 10:00-2:00 pm; Tuesday, Thursday 1:00-3:00 pm

Williamson County:
808 W. Prairie St., Marion, IL 62959 618-997-2790 (Call or text)

Hours of Operation:
Monday 5:00-7:00 pm; Tuesday, Wednesday, Thursday 10:00-2:00 pm

Services: Free pregnancy testing, emotional support, confidential counseling, referrals, maternity and infant clothing, and infant items, adoption information.

Population: Pregnant women.

Fee: None.

Regional Office of Education Homeless Liaison
618-687-7290
1001 Walnut Street, Murphysboro, IL 62966
Fax: 618-687-729

Jackson County Courthouse, Murphysboro, IL 62966

Services: Assists homeless families with school age children to continue education. Possible assistance with transportation and school supplies. The definition of homeless includes persons without a “fixed regular and adequate night” place and families sharing housing because of finances.

Population: Homeless families with school age children.

Application process: Call.

Fee: None.

Salvation Army-Southern Illinois Area Command
618-993-5854
906 Tower Square Plaza, PO Box 1112
Marion, IL 62959
www.salvationarmyusa.org
Email: camilla_horn@USC.Salvationarmy.org

Services: Emergency rent or utilities Services are determined on an individual basis by need and available funds.

Fee: None.

Hours: Call to make an appointment with caseworkers.

Required: Photo ID, Social Cards and Proof of Address

Saluki Cares
618-453-2461

Non-Traditional Student Services,
SIU Carbondale 3rd Floor, Student Center in the Student Development Complex

Services: Parent will be located in class if child becomes involved in an emergency situation. Adult students will be located if dependent parent becomes involved in an emergency situation.

Population: For SIU students with children or dependent parents.

Application process: Fill out form consisting of class schedule and location of classes, update schedule each semester.

Fee: None.

Hours: 8:00 am-4:30 pm.
Women’s Center (Shelter Program)  
610 South Thompson  
Carbondale, IL 62901  
Administration: 618-529-2324/618-549-4807  
Hotline: 800-334-2094  
www.thewomensctr.org  
Services: Shelter, counseling, social services for abused women and their children, transportation, emergency food and clothing, group counseling, general advocacy and legal advocacy.  
Application process: Apply in person or call.  
Fee: None.  
Hours: Call hotline 24 hours a day or drop in 8:00 am-4:00 pm, weekdays

Women’s Center (Marion Satellite Office)  
111 Anker Drive  
Marion, IL 62959  
618-997-0949  
(domestic violence services)  
618-993-0803  
(rape crisis services)  
Hotline: 800-334-2094  
Services: Domestic violence counseling and sexual assault/rape crisis intervention (see services listed under Women’s Center.  
Fee: None.

EMPLOYMENT/JOB SERVICES

Central Management Services  
State Building, 2309 West Main Street, Suite 112  
Marion, IL 62959  
618-993-7005  
TTY: 1-800-526-0844  
www.work.illinois.gov  
Services: Information and testing for state jobs  
Hours: 8:00 am-12 pm and 1:00 pm-4:30 pm

Ma-Tra-Con  
Illinois Star Centre  
3000 West DeYoung, Suite 800B  
Marion, IL 62959  
800-315-3986 X 280  
Fax: 618-998-1291  
618-998-9602-TTY  
mantracon.org  
Services: Helps people gain employment/find better jobs. Computer programs for resume writing and computer training, books and videos, practice job interviews; Internet access; local area newspapers; fax, copy and phone available for job search assistance; children’s learning area. Free income tax preparation.  
Population: Anyone needing employment, work skills and/or career development.  
Fee: None.  
Hours: 8:30 am-4:30 pm, Monday-Friday.

Hire Level by Extra Help  
3909 West Ernestine Drive, Suite  
1Marion, IL 62959  
618-993-9675  
Fax: 993-8886  
hirelevel.com  
Services: Provide applicants for businesses, both temporary and permanent positions.  
Fee: None.  
Hours: Monday, Wednesday, Friday 8:30 am-5:00 pm; Tuesday and Thursday,
8:30 am-7:00 pm

Illinois Department of Employment Security  
333 Potomac Blvd. Ste. E  
Mt. Vernon, IL 62864  
(Unemployment Office)

Williamson County:  
3000 W. DeYoung (In the Man-Tra-Con Building)  
Marion, IL 62959  

Services: Unemployment insurance, job search/employment skills training through personal assessments; job referral assistance, education/training programs, computer training, resource centers.  
Fee: None.  
Hours: 8:30 am-4:30 pm.

Priority Staffing  
712 N. Carbon Street  
Marion, IL  

Services: Employment Services  
Hours/Days of Operation: Monday-Friday: 8:00 am-4:30 pm

Illinois Department of Veterans’ Affairs  
State Regional Office Building  
2309 West Main Street, Suite 122  
Marion, IL 62959  

Services: Assistance in making applications for Federal, State and County benefits to which the veteran and dependents and/or survivors may be entitled based on Veteran’s Military/Naval service.  
Fee: None.  
Hours: 8:30 am-5:00 pm, Monday-Friday.

Illinois Skills Match Website  
www.illinoisillinoisjobslink.com  

Services: Employment resources for job seekers and employers, job listings.

Job Corps  
314-733-5627  
St. Louis Center  
4333 Goodfellow Blvd.  
St. Louis, Mo. 63120 62205  

Services: Vocational training for income eligible persons 16-24 years old.  
Application process: Call for an application.  
Fee: None.

Manpower  
618-457-0414 or 618-985-2006  
2015 West Main, Suite 1  
Carbondale, IL 62901  

Services: Provide applicants for businesses, both temporary and permanent positions.  
Hours: 8:00 am-5:00 pm, Monday-Friday.
Man-Tra-Con (see also One Stop Business and Employment Center)  800-315-3986 x 216  618-998-0970
Illinois Star Centre
3000 West DeYoung, Suite 800B
Marion, IL 62959
Services: Helps people gain employment/find better jobs. Computer programs for resume writing and computer training, books and videos, practice job interviews; Internet access; local area newspapers; fax, copy and phone available for job search assistance; children’s learning area. Free income tax preparation.
Fee: None.
Population: Anyone needing employment, work skills and/or career development.
Hours: 8:30 am- 4:30 pm, Monday-Friday.

Medical Staffing Network (MSN)  217-423-0956
Services: Job placement for healthcare workers.
Contact: Applying Recruiter

SIU Carbondale Human Resources  618-536-3369
900 S. Normal Avenue, Woody Hall, 1st Floor  hr.siu.edu
Carbondale, IL 62901
Services: Application/employment interviewing, career counseling, practice typing exams, testing, referral/placement, pay range, job descriptions.
Application process: Walk-in, interview with employment counselor.
Fee: None.
Hours: Monday-Friday, 8:00 am-4:30 pm. Interviewing hours with employment counselors are on Tuesday and Thursday from 9:00am to 1:00pm.

SICCM (Southern Illinois Collegiate Common Market)  618-942-6902
3213 South Park Avenue  Fax: 618-942-6658  www.siccm.com
Herrin, IL 62948
Instructional Programs: Works with area colleges and universities to provide instruction for certification to selected students in the following areas:
- Health Information Technology
- Medical Laboratory Technology
- Surgical Technology
- Occupational Therapy Assistant
- Vet Tech

Senior Service America  www.seniorserviceamerica.org
Assists those 55 and older and low-income individuals to find employment.

Specialized Training for Adult Rehabilitations (START)  618-687-2378  618-687-2733  startinc@startinc.org
20 North 13th Street
Box 938
Murphysboro, IL 62966
Services: Evaluation, work adjustment training, sheltered employment, residential alternatives, job placement and follow-up, developmental skills training and supported employment.

Application process: Contact Coordinator of Professional Services.

Fee: None.

Hours: 8:00 am-4:30 pm, Monday-Friday.

Unemployment Insurance (See listing for Illinois Department of Employment Security)

Workforce Employment Solutions-Manpower Group
419 West Broadway
Steeleville, IL 62288

Services: Temporary, direct hire and temp-to-hire job placements in the areas of light industrial, office professionals, technical and payroll services staff.

Hours: Tuesday-Friday, 8:00 am-4:00 pm

ENERGY ASSISTANCE and HOME WEATHERIZATION SERVICES

Crosswalk Community Action Agency
410 West Main Street
West Frankfort, IL 62896

Services: Emergency services and housing rehabilitation.

Energy assistance through the Low-Income Home Energy Assistance Program (LIHEAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides annual payments on behalf of clients to their energy providers to help offset the cost of heating their homes. This program also can provide emergency assistance when a client has been disconnected by a utility company or when the supply of heating oil or LP gas is dangerously low. This program also has some funds available to repair or replace defective furnaces or heating appliances.

Home weatherization through the Illinois Home Weatherization Assistance Program (IHWAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides no-cost weatherization services to eligible homeowners and cost sharing of such services to rental property housing eligible households. These services could include insulation, weather-stripping, caulking, doors, windows and repair/replacement of heating systems.

Population: Franklin, Jackson, Jefferson and Williamson counties.

Application process: Call for information.

Energy Assistance, Weatherization, and Home Rehabilitation (Jackson County)
Western Egyptian Economic Opportunity Council
Main Office:
#1 Industrial Park, PO Box 7
Rob Schneider 1st Home Rehabilitation Program
Steeleville, IL 62888
618-965-3458 Fax: 618-965-9421

Murphysboro Satellite Office:
342 Ste. B. North Street
Murphysboro, IL 62966
618-684-3341
Services:  Home Weatherization, Low-Income Home Energy Assistance Program and Rehabilitation of home bringing it up to Section 8 HUD quality standards, 1st Time Homebuyer Program, LIHEAP furnace replacement program.

Population:  Jackson County applicants whose income is at or below 150% of the poverty level, or 50% - 80% of the median area income for some programs.

Hours:  8:00-4:00 pm

FAMILY RECREATION

Carbondale Park District 618-549-4222
Life Community Center Fax: 618-529-1873
cpkd.org
2500 West Sunset, Carbondale, IL 62901

Attucks Park
400-800 North Wall Street
Carbondale, IL 62901

Lenus Turley Park
1010 North Glenview, Carbondale, IL 62901

Evergreen Park
901 West Pleasant Hill Road, Carbondale, IL 62901

Super Splash Park 618-490-1073
625 Lewis Lane, Carbondale, IL 62901

Cannon Park
Greenbriar Road, Carterville, IL 62918

James Street Park
405 James Street, Carterville, IL 62918

Ferne Clyffe State Park 618-995-2411
90 Office Drive Fax: 618-995-9330
Goreville, IL (south of Marion-off Interstate 57)

Fort Massac State Park
1308 East 5th, Metropolis, IL Museum 618-524-9321
Ranger 618-524-4712

Giant City State Park 618-457-4836
Ranger Office, 235 Giant City Road Fax: 618-529-0032
Makanda, IL 62958

Herrin Park Office 618-942-3548
1010 North 5th Street, Herrin, IL 62948 Fax: 618-942-3553
Jeremy “Boo” Rochman Memorial Park “Castle Park”  
Giant City Road, Carbondale, IL 62901  
Free, open to the public: 9:00 am-dusk; shelter area can be reserved for parties.

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<thead>
<tr>
<th>Marion Park District</th>
<th>Maintenance Bldg: 618-993-3497</th>
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<tbody>
<tr>
<td>519 Parrish Avenue, Marion, IL 62959</td>
<td>Office: 618-993-3940</td>
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<tr>
<th>Marion Bark Park</th>
<th>618-993-3940</th>
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<tr>
<td>1110 W. Goodall St.</td>
<td>Marion IL 62959</td>
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<th>Aquatic Center</th>
<th>618-997-1115</th>
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<td>500 E. DeYoung</td>
<td>Marion, IL 62959</td>
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<tr>
<th>Ray Fosse Park</th>
<th>618-993-3940</th>
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<td>500 E. DeYoung</td>
<td>Marion IL 62959</td>
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<tr>
<th>Murphysboro Park District</th>
<th>618-684-3333</th>
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<tr>
<td>Office and Recreation Center</td>
<td>701 South 24th Street</td>
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<td>Murphysboro, IL 62966</td>
<td>Fees for facility rentals vary.</td>
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<tr>
<th>West Frankfort Park Office</th>
<th>618-937-1125</th>
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<tr>
<td>1004 East Cleveland Street</td>
<td>West Frankfort, IL</td>
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**OTHER RECREATION SERVICE PROVIDERS:**

**Boys Scouts of America Greater St. Louis Area Council**  
803 East Herrin  
PO Box 340  
Herrin, IL 62948  
Fax: 618-942-2367  
www.stlbsa.org  
Email: r craig @ st lbsa.org  
**Services:** Youth-serving organization that develops character, citizenship and fitness. Cub Scouts (boys ages 6 to 10), Boy Scouts (boys ages 11 to 18) and Venturing (boys and girls ages 14 to 20) participate in action-oriented programs that fulfill the aims of Scouting. Exploring (boys and girls ages 14 through 21) focuses on career choices, such as law enforcement, firefighting, medicine or other areas.  
**Fee:** Low registration fee. Members buy their own uniforms, handbooks and personal equipment, and pay their own camp fees.  
**Hours:** (Office) Monday-Friday, 8:30 am-5 pm; Saturday 9:00 am-1:00 pm.

**Boys and Girls Club of Carbondale**  
250 North Springer Street  
PO Box 3092  
Carbondale, IL 62901  
Fax: 618-457-7939  
http://bgc-cdale.org/  
618-457-8877
Services: Youth development programs and activities for children ages 6-18.

Application: Online.

Hours: Member hours: Monday-Friday: 3:00 pm-7:00 pm; Administration hours: Monday-Friday; 8:00 am-4:00 pm.

Boyton Street Community Center
501 West Boyton
Marion, IL 62959
Email: sywillis@cityofmarionil.gov

Services: Tutoring Pre-K to 12 years of age. Personal and social skills development, career development support services for your ages 13-18 years old. Positive youth development program for children 6-12 years old. Youth dances. Summer Lunch Program and After School Program.

Fee: None.

Hours: 9:30 am-5:00 pm for Center. Call for specific program schedule.

Carbondale City Hall/Civic Center
200 South Illinois Avenue
Carbondale, IL 62901

Call for current events and ticket prices.

Girl Scouts of Southern Illinois
2418 Shagbark Rd
Salem, IL 62881
www.gsofsi.org

Services: Program helps build girl’s courage, confidence and character.


Fee: National registration fee and financial assistance is available.

Herrin Civic Center
101 South 16th Street
Herrin, IL 62948

Call for current events and ticket prices.

Hours: 8:00am-4:00pm, Monday-Friday

Life Community Center
2500 West Sunset Drive
Carbondale, IL 62901

Services: The Carbondale Park District offers a number of sports, league sport, educational, fitness and leisure programs.

Population: Preschool, youth, adult and senior age groups.

Fee: Call for more information.

Marion Civic Center
800 Tower Square
Marion, IL 62959
Call for current events and ticket prices, if any.

**SIU Events**  
Lingle Hall, 1490 Douglas Drive  
Carbondale, IL 62901  
**Hours:** 8:00 am-5:00 pm, Monday-Friday

**SIU Carbondale Recreation Center**  
300 East Grand Avenue  
Carbondale, IL 62901  
Fax: 618-453-1238

**Services:** Indoor pool and recreational facilities, intramural sports, fitness programs and classes, sports clubs, outdoor adventure programs, youth recreation programs, personal training and fitness assessments.

**Fee:** Free membership for SIU Carbondale students; membership rates vary based on time of year and status as SIU Carbondale faculty or general public. One-time entry may be purchased at door.

**Hours:** Generally open from early morning to late evening.

**4-H Programs**

**Jackson County:** 402 Ava Road, Murphysboro, IL 62966  
**Williamson County:** 1306 North Atchison Avenue, Suite A  
101 E. DeYoung Ste. B  
Marion, IL 62959

**Services:** Quality educational programs for youth and research-based information. Assistance to help people develop skills, solve important problems, and improve their families, farms, businesses and community. 4-H youth program does community service activities, allowing youth to learn more about favorite subjects while having fun.

**Eligibility:** Ages 5-18 and mentally challenged adults.

**Fee:** None.

**Hours:** 8:00 am-4:30 pm, Monday-Friday. 4-H club meetings vary in time.
FOOD ASSISTANCE

Bethel AME Church 618-529-5278
316 East Jackson Street
Carbondale, IL 62901
Services: Soup Kitchen-Monday-Fridays starting at 12:00 pm. Free to all community members.

Boyton Street Community Center 618-997-1113
501 West Boyton
Marion, IL 62959
Fax: 618-993-0873 Email: sywillis@cityofmarionil.gov
Services: Tutoring Pre-K to 12 years of age. Personal and social skills development, career development support services for your ages 13-18 years old. Positive youth development program for children 6-12 years old. Youth dances. Summer Lunch Program and After School Program.
Fee: None.
Hours: 9:30 am-5:00 pm for Center. Call for specific program schedule.

Cambria Food Bank 618-985-6082
302 S. Richart
Cambria, IL 62915
Contact: Gayla
Services: Provides free food to Williamson County residents, but primarily those living in or closest to Cambria, Hurst, and Colp.
Hours: 1 Day a month (usually the 3rd Tuesday) from 9:00 am-12:00 pm

Community United-Carterville Food Pantry 618-985-3171
121 West Illinois Avenue
Carterville, IL (behind the Carterville Water Bank)
Services: Provides free food and clothing to needy families, $1.00 for coats. Food limited to residents of Carterville and Crainville. Clothing is for anyone. USDA commodities for Crainville/Carterville area. Proof of income and residency required for commodities.
Hours: Tuesday, 9:00 am-12 pm; Friday, 9:00 am-12 pm.

Elm Street Baptist Food Pantry 618-687-1043
1907 Elm Street
Murphysboro, IL 62966
Services: Food Pantry twice monthly, usually the 2nd and 4th Tuesday. Call for exact dates
Hours: Tuesday call-in 9:00 am-11:00 am and Wednesday pick-up 9:00 am

Food Stamps / SNAP-Illinois Department of Human Services (IDHS) www.dhs.state.il.us
Jackson County Office: 342 North Street 618-687-1705  
Murphysboro, IL 62966  
Fax: 618-684-273  
Williamson County Office: 1107 West DeYoung, Suite 20 618-997-6591  
Marion, IL 62959  
Fax: 618-993-8906  
Services: "One-stop" centers for cash and medical assistance, food stamps, and job services.  
Receives applications for cash assistance, Food Stamps, and Medical Assistance by fax, mail or in person.  
Population: Offices work with residents of the county.  
Fee: None.  
Hours: 8:30 am-5:00 pm, Monday-Friday (except for state holidays).

University Baptist Church 618-457-0323  
700 South Oakland  
Carbondale, IL 62901  
Services: Interchurch Council Food Pantry, and University Baptist Church Clothes Closet.  
Hours: 8:00 am-12:00 am, Mondays and Fridays.

Herrin Community Pantry 618-942-2080  
509 North 17th Street, P.O. Box 522  
Herrin, IL 62948  
Services: Clothing and Food.  
Population: Residents of Herrin, Colp, Freeman Spur and Energy.  
Fee: Free food and clothing.  
Hours: 9:00 am-12:00 pm, Tuesday and 1:00 am-4:00 pm, Friday.

Herrin House of Hope 618-942-5800  
112 N. 14th St., Herrin, IL 62948  
www.herrinhouseofhope.org  
Services: Clothing and Food  
Hours: 11:00am-2:00pm  
Soup Kitchen-Meals daily

Hunger Hotline (Illinois) 1-800-359-2163  
Services: Referrals to food pantries throughout the state of Illinois, information and assistance with applications for Food Stamps, Medicaid, Cash Assistance, and other income support programs, advocacy for those having problems with their food stamps, Link Card, Medical card.

Hunger Hotline (National) 1-866-348-6479  
Services: Provides food assistance to people across the country who need food assistance by connecting callers to emergency food available in their area.  
Hours: Available Monday-Friday, 8:00 am-4:00 pm.
Johnston City Food Pantry/First United Methodist Church 618-983-5150
First United Methodist Church, 400 West Broadway, Johnston City, IL 62951
Services: Food pantry is open to all.
Hours: Thursday, 9:00 am-12:00 9m; 3rd Thursday of the month from 11:00 am-12:30 pm.

The Manna Mission 618-983-6262
306 East Broadway
Johnston City, IL 62951
Services: Food pantry and thrift store.
Population: Johnston City School District for food. Anyone can shop at the thrift store.
Hours: 9:30 am-4 pm Monday and Wednesday; 9:30 am- 5:30 pm Tuesdays, first Saturday of every month 9:30 am-12:30 pm. Pantry 10:00am-3:00pm, Wednesday JC Residents ONLY!

Marion Ministerial Alliance 618-993-8419
103 East Calvert
Marion, IL 62959
Services: Soup kitchen: Monday-Friday 11:30 am-12:30 pm. Free food pantry every Tuesday, 8:30 am-11:30 am. Offering assistance with rent, electricity and gasoline, etc., as funds are available. Christmas food box program, back to school program. Financial assistance available, call to apply.
Population: Marion area residents
Fee: None.
Hours: Monday-Friday, 9:00 am-12:00 pm.

Murphysboro Food Pantry 618-684-8258
(Affiliated with Murphysboro Ministerial Alliance)
906 North 14th Street
Murphysboro, IL 62966, Tub Surgeon Building
Services: Designed to meet the needs of families who are low on food, based on the size of your family and family income.
Population: Murphysboro area residents.
Hours: Monday-Friday, 9:00 am-11:00 am.

Project Manna Food Pantry and Soup Kitchen 618-993-8419
Fax: 618-997-8441
c/o Marion Ministerial Alliance
103 East Calvert
Marion, IL 62959
Services: Food Pantry eligible for Food Pantry up to 12 times in a 12-month period.
Application process: Applicants need to bring proof of Marion residency and Social Security number.
Hours: Soup Kitchen serves lunch 11:30 am-12:30 pm, Monday-Friday, except on Tuesday from 8:30 am-11:30 am. Emergency assistance for persons with Marion addresses or if child attends Marion Schools.
Salvation Army-Southern Illinois Area Command
906 Tower Square Plaza, PO Box 1112
Marion, IL 62959
Services: Emergency rent or utilities Services are determined on an individual basis by need and available funds.
Fee: None.
Hours: Call to make an appointment with caseworkers. Food pantry is open Wednesday and Friday, 9:00 am-11 am for Williams County or Johnson County Tuesday-Clothing voucher (emergency needs only).
Required: Photo ID, Social Cards and Proof of Address

Victory Dream Center
607 East College Street
Carbondale, IL 62901
Services: Food pantry is open to everyone. In addition to schedule below, food pantry is open after DC Café on Saturdays.
Hours: Wednesday, 10:30 am-1:30 pm. (After Sunday Service at 12:00 noon).

Vine Community Church Food Assistance Program
1445 South Wall Street
Carbondale, IL 62901
Services: Food pantry is open to everyone on Wednesday.
Hours: Monday –Thursday, 9:00 am-5:00 pm.

WIC (Women, Infants, Children) Nutrition Program
Jackson County Health Department
PO Box 307, 415 Health Department Road, Murphysboro, IL 62966
Fax: 618-684-6023
Franklin-Williamson Bi-County Health Department
8160 Express Drive, Marion, IL 62959
Fax: 618-993-6455
Services: Nutrition education, health assessments, advocacy and referrals to medical and social service agencies and food packages.
Population: Pregnant women, breastfeeding infants and children up to age five.
Application process: Appointment only. Bring child, immunization records, proof of address (utility bill, rent receipt, etc.), Medical Card, driver’s license or photo I.D.
Fee: None.
Hours: Monday-Friday, 8:00 am-4:00 pm.
FARMERS MARKETS and LOCAL GROWERS

Jackson County
Carbondale Farmer’s Market
2001 W Main
Carbondale, Illinois 62901
Fresh vegetables, fresh fruits, plants and flowers, crafts, art, textiles, jewelry, gifts, clothing, baked goods, canned jams, jellies, and salsas, fresh air, a good time!
Hours: Saturdays 9 am- 12 pm- BEGINNING IN APRIL.

McNitt Growers
78 Oak Ridge Lane
Carbondale, IL 62903
Email: mcnittgrowers@gmail.com
Farm stand / farm market on a farm, Wide variety of seasonal, locally grown fruits and vegetables, blackberries, raspberries (red), raspberries (Autumn, red), raspberries (black), raspberries (Spring, black), strawberries, porta-potties, school tours.
Hours: Open: April 1 until June 1; hours are Monday to Saturday from 8 am to 5pm, Sunday 1pm to 4pm

De Soto Community Farmers Market:
Location: Intersection of Main and Walnut streets
Hours: 3-6 p.m. Tuesday, June-Oct. 27

Murphysboro Farmers Market
Murphysboro Administration Building
1101 Walnut Street.
Location: Inside Smysor Plaza
Hours: Tuesday evening from 3 pm - 7 pm. Begins in mid-May.

Williamson County
Carterville - Cannon Park Market
102 N. Greenbriar Road
Carterville IL 62918
Available items include produce, crafts, plants, baked goods, prepared foods.
Hours: 10:00am-2:00pm - Open every SUNDAY May 5, 2019 - October 27, 2019

Herrin - Herrin Farmers Market
400 North Park Avenue (North of City Hall)
Herrin, IL 62948
Herrin Farmers Market is open for the season. Enjoy food products, flowers, artisan creations and more.
Hours: Every Saturday, 8am-Noon from May 21st through October 29th.
**Johnston City Regional Producers Farmers Market**

100 block of Broadway St.
Johnston City; or rpfmmtv@yahoo.com.

**Hours:** 3-6 p.m. Friday, April-Oct.

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**Marion - Marion Farmers Market**

507 W. Main St., Senior Citizens parking lot;

**Hours:** 6 to 10 a.m. Wednesday and 6 a.m. to noon Saturday, May-October

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**Pittsburg - Pittsburg Farmer's Market**

302 Avery Avenue
Pittsburg Illinois

**Hours:** Every Thursday 4pm-7pm
GRANDPARENT / SENIOR PROGRAMS

Egyptian Area Agency on Aging, Inc. 618-985-8311 or 1-888-895-3306
200 East Plaza Drive  Fax: 618-985-8315
Carterville, IL  62918  www.EgyptianAAA.org/EgyptianAAA@midamer.net
Services: Legal services, case management, elder abuse, nursing home ombudsman, congregate meals, home delivered meals, information and assistance, outreach, transportation, employment, preventative health services, in-home respite services, caregiver respite, caregiver information and assistance and Grandparents Raising Grandchildren program.
Population: 60 years and caregivers (55 for Senior Employment Services.)
Application process: None.
Fee: None.
Hours: Monday-Friday, 8:00 am-4:00 pm.

Illinois Department on Aging (Voice and TTY) 1-800-252-8966
One Natural Resource Way, Ste. #100  Fax: 217-524-6968
Springfield, IL  62701-1789  www2.illinois.gov/agingstate.i1.us/aging
Services: Assistance in Your Home and Community; Illinois Family Caregiver Support Grandparents Raising Grandchildren; Legal Assistance; Elder Abuse and Prevention; Long-Term Care Council; Intergenerational and Volunteer Programs; Senior Health Insurance Program; Directory of Agencies Serving Seniors; and Illinois Area Agencies on Aging.
Adult Protective Services
Fee: None.

Marion Senior Citizens Center 618-997-9019
507 West Main
Marion, IL  62959
Services: Social services, reassurance calls, information and referral, computer and art classes, Bible Study, quilting bee, pool playing, bingo, bridge, pinochle, health screenings, income tax assistance, assistance with Medicare and insurance forms, entertainment, exercise and line dancing.
Population: All those 60 years and older.
Application Process: Call or come in.
Fee: None. Suggested donation for meals. Small charge for any games.
Hours: Monday-Friday, 8:00 am-4:00 pm. Lunch service: Call to reserve 11:15-Noon Suggested Donations accepted
**Murphysboro Area Senior Citizens Council (Transportation)**

17 North 14th Street
Murphysboro, IL 62966

**Services:** Center provides transportation to local seniors. Lunch is also provided to area residents from the center. Will transport to doctor appointments if given notice.

**Population:** Age 60 and over and/or disabled.

**Application process:** None - just call 687-1641 for van reservation 24 hrs. in advance.

**Fee:** To fund activities, volunteers operate a resale shop at the center.

**Hours:** Monday-Friday, 9:00 am-4:00 pm.

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**Murphysboro Senior Citizens Council, Inc. (Club)**

17 North 14th Street
Murphysboro, IL 62966

**Services:** A variety of health screening, legal services, recreational, social activities, adult education classes, noon meal, home delivered meals.

**Population:** Age 55 or over (must be over age 60 for transport) within defined geographic area.

**Fee:** Annual membership dues.

**Hours:** Monday-Friday 9:00 am-3:30 pm. Club meets: 2nd Monday of the month at 1:00 pm.

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**Senior Adult Services**

409 North Springer
Carbondale, IL 62901

**Services:** Daycare for adults, nutrition, meals on wheels, arts and crafts, recreational sports, woodworking, outreach, information and referral, transportation service. Van service is provided.

**Population:** People 60 and over in Jackson.

**Application Process:** Come in to apply or call.

**Fee:** Adult day care fee based on income, all other services by suggested donation.

**Hours:** Monday-Friday, 7:30 am-4:00 pm.

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**Shawnee Alliance for Seniors**

6355 Brandhorst Drive
Carterville, IL 62918

**Services:** Provides access to in-home care programs, adult day services, home delivered meals, financial aid programs, transportation programs, home modification, assistive technology, medication assistance programs, Medicare Part D applications, short term supportive counseling for older adults in the privacy of their own home, respond to elder abuse and neglect, older adult crime victims services, long term care ombudsman program, EHS, in home services, diaper service, Grandparents raising grandchildren

**Population:** People 60 and over in 13 counties.

**Hours:** Monday-Friday, 8:30 am-5:00 pm.
Supporting People In Need (SPIN)  
822 Industrial Park Road, PO Box 781  
Murphysboro, IL 62966  
www.spinsupport.org  
Email: spin62966@yahoo.co  
618-201-4859 or 618-201-7298

Services: Assist the people of southern Illinois in cases of personal property damage due to fire (report accepted) flood, tornado, homelessness or other disasters as they occur. Also assist the elderly, disabled, and needy people of Southern Illinois during a time of distress by giving clothes, furniture, household items, assistant needs equipment, and offering referrals to other agencies as available.

Application process: Apply in person. First come first serve basis. Will not hold items unless arrangements have been made.

Fee: None.

Hours: Thrift Shop: Wednesday and Thursday, 10 am-2:30 pm; Friday- Saturday, 9:00 am-4:30 pm; Soup Kitchen - Saturday-12:00-2:00 pm

Follow us on Facebook.

Williamson County Programs on Aging, Inc.  
1201 Weaver Road  
Herrin, IL 62948  
618-988-1585

Services: Congregate and home-delivered meals, transportation, outreach, homemaker, health screening, legal services, adult education, recreation, home health, adult daycare and arthritis exercise and support group with certified trainer.

Population: 60 years and older; transportation for all ages.

Application process: Application and proof of income required for some services.

Fee: Most without charge. Some services on sliding fee scale or donation request.

Hours: Monday-Friday, 8:00 am-3:00 pm.
HEALTH and DENTAL SERVICES

If insured through Medical Card or All Kids and needing medical or dental services, always ask the individual doctor or dentist’s office whether Medical Card or All Kids is accepted for payment.

For Medical/Dental Transportation, contact your IDHS caseworker if you have the medical card.

IDHS (Illinois Department of Human Services)  
www.dhs.state.il.us
Jackson County: 342 North Street  
Murphysboro, IL 62966  
Fax: 618-684-2732  
Williamson County: 1107 West DeYoung Street, Suite 20  
Marion, IL 62959  
Fax: 618-997-6591

Services: “One-stop” centers for cash and medical assistance, food stamps, and job services. Receives applications for cash assistance (TANF), Food Stamps (SNAP), and Medical Assistance (All Kids) by fax, mail or in person.

Population: Residents of the county.

Fee: None.

Hours: Monday-Friday (except state holidays), 8:30 am-5:00 pm.

Adolescent Health Center  
618-529-2621
400 South Lewis Lane  
Carbondale, IL 62901  
Fax: 618-549-1288  
www.shsdc.org

Social Services: Health education and case management, counseling, Healthy Families program for first time parents, Family Centered Services focuses on truancy prevention in schools, Communities Empowering Youth provides positive youth development programming, suspensions and/or expulsions. Behavioral Health

Target Population: 0-25 years old.

Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

Hours: Monday, Wednesday, Friday, 8:30 am-5:00 pm; Tuesday, 8:30 am-8:30 pm.

Dr. Douglas Baker, DDS  
618-649-2166
305 S. Oakland Ave.  
Carbondale, IL

Shawnee Dental  
618-519-9901
402 S. Lewis Lane  
Carbondale IL 62901

Hours: Monday-Thursday: 7:30 am-5:30 pm. Friday: 7:30 am-5:00 pm
Medicaid, All Kids, Medicare and most forms of commercial insurance accepted.

Marion Office:  
618-519-9200
3115 Williamson County Pkwy  
Marion Il, 62959
Rea Clinic
4241 HWY 14 West, PO Box 155
Christopher, IL 62822
Medical: Monday thru Friday from 8:00 a.m. to 5:00 p.m., including 12:00-1:00 p.m.
Pharmacy: Monday thru Friday from 9:00 a.m. to 6:00 p.m.
Dental: Monday thru Friday from 8:00 a.m. to 5:00 p.m.

Apria Healthcare
217-347-5212
401 S. Banker St. Ste. A and B
Effingham, IL 62401
Services: Respiratory care services, home medical equipment, high-tech infusion nursing and home infusion therapy; nutrition services for infants with special needs; services for cancer patients. Serve counties. Based in Effingham, IL
Population: 150,000 - 24 counties.
Fee: All insurances including Medicaid and Medicare.
Hours: Monday-Friday, 8:00 am-5:00 pm.

Carterville Family Practice Center
618-985-4841
1006 South Division Street
Carterville, IL  62918
Fax:  618-985-8101
www.shsdc.org
Services: Medical diagnosis and treatment, preventative health services, immunizations, well-child checks, family planning, obstetric/gynecology services, lab services, nutrition counseling, hospitalization at Herrin Hospital. All Kids application agent on site.
Population: All ages.
Fee: Sliding based on annual income and family size. Accepts Medicaid, Medicare, general assistance and self-pay. Also participates in the following HMO programs: Health Alliance, Blue Cross/Blue Shield.
Hours: Monday, Tuesday, Thursday, Friday,8:00 am-5:00 pm;
Wednesday: 8:00-7:00 pm

Center for Medical Arts
618-549-5361
2601 West Main Street
Carbondale, IL 62901
Fax: 618-351-4878
www.centerformedicalarts.org
Services: Comprehensive medical services and Urgent Care Clinic.
Population: 60-mile radius.
Fee: Accepts medical card.
Hours: Regular Clinic: Monday-Friday, 8:00 am-5:00 pm. Urgent Care Clinic: Monday-Saturday, 8:00 am-8:00 pm; Sunday 12 pm-5:00 pm.
Chesi-Cedar Court Clinic       618-457-7821
1340 Cedar Court                         Fax: 618-529-3862
Carbondale, IL  62901

**Services:** Provides OB-GYN, complete women’s health care, pediatrics, and endocrinology, family practice.

**Fee:** Accepts Medicaid, Medicare, sliding scale, and private insurance.

**Hours:** Monday-Friday, 9:00 am-5:00 pm; Saturday, 9:00 am-1:00 pm.

Clear Vision Family Eye Center       618-529-3452
1241 East Walnut Street                         Fax: 618-457-5611
Carbondale, IL  62901                         www.clearvisionfamilyeyecare.com

**Services:** General eye/vision services, including exams and glasses.

**Fee:** Accepts medical card for exams. 10% discount on other items with medical card.

Create-A-Smile Dental Foundation       618-534-5347
115 South Division Street
Carterville, IL  62918

**Services:** Obtains funding for dental care for people who have no dental insurance inadequate dental insurance and for those who do not have the funds to obtain proper dental care, essentially low-income individuals, both children and adults. Create-A-Smile Dental Foundation will help those who cannot get help from other sources.

Franklin/Williamson Bi-County Health Department
8160 Express Drive       Phone: 618-993-8111
Marion, IL  62959                         Fax: 618-993-6455
403 East Park                         Phone: 618-439-0951
Benton, IL, 62812                         www.bicountyhealth.org

**Services:** Maternal-child case management, WIC, premature and high-risk infant follow-up, immunizations, TB testing, school vision/hearing screening, family planning counseling, pregnancy testing and home health care on a scheduled fee per visit basis.

**Application process:** Call for appointment.

**Fee:** For Immunizations only.

**Hours:** Monday-Friday, 8:00 am-4:00 pm. WIC walk-in clinics every Tuesday, Wednesday and Thursday at both locations from 8:00 am-11:00 am, 1:00 pm-3:00 pm. First Come, first serve basis.

Heartland Regional Medical Center       618-998-7000
3333 West DeYoung Street                         Fax: 618-998-7449
Marion, IL  62959                         www.heartlandregional.com

**Services:** Acute hospital care, OB/GYN unit, ICU, Social Services, Discharge Planning, Cardiac Rehab Services, Cardiac Cath lab, Pediatrics and Emergency Room Services, Comprehensive Diagnostics, Neuro Cardiology Surgery and Special Nursery (Level II)

**Fee:** Medicaid/Medicare, private insurance
**Herrin Hospital**  618-942-2171  
201 South 14th Street  
Herrin, IL 62948  
Fax: 618-351-4923  
www.herrinhospital.org

**Services:** Comprehensive health services (diagnostic and therapeutic).  
**Population:** Unlimited.  
**Fee:** Can arrange sliding scale, Medicare.

**Hospice of Southern Illinois, Inc.**  618-997-3030  
204 Halfway Road  
Marion IL 62959  
Fax: 618-235-2828  
www.hospice.org

**Services:** Physician, nursing, social workers, spirit care, volunteer, bereavement  
**Population:** Patients residing within 27 counties in Southern Illinois with terminal illness.  
**Fee:** covered by Medicare, Medicaid, third party insurance.  
**Hours:** Monday-Friday, 7:00 am-5:00 pm; 24 hours on call.

**Illinois Centre Healthcare**  618-969-8600  
3111 Williamson County Parkway  
Marion, IL 62959  
www.shsdc.org

**Services:** Psychiatry and counseling, family medicine, respiratory disease and dental

**Emergency Walk-In Clinic:** Saturday 9:00 am-11:30 am for all Shawnee Health Service established patients. Previous dental visit not required. Walk-in only.  
**Fee:** Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.  
**Hours:** Monday-Friday, 7:30 am-5:30 pm.

**Jackson County Health Department**  618-684-3143  
PO Box 307, 415 Health Department Road  
Murphysboro, IL 62966  
Fax: 618-687-1255  
www.jchdonline.org

**Services:** Immunizations, blood/lead screening, communicable disease control, family planning, women’s health screening, birth control, WIC, nutrition counseling, breastfeeding classes and resources, well child exams, new mother/high risk infant home visits, vision/hearing screenings, water sampling, microwave oven testing, STD testing and treatment, HIV counseling, testing and case management, medical case management for DCFS wards, family case management (for families with child less than 2 years), death and birth certificates, pregnancy testing, genetic counseling.  
**Application process:** Call for appointment (appointments required for WIC and family planning)  
**Fee:** Services are at no or low cost  
**Hours:** Call for specific program/service hours.
Logan Primary Care  
405 Rushing Drive  
Herrin, IL  62948  
**Services:** Family practice. Walk-in clinic with extended evening/weekend hours.  
**Fee:** Accepts medical card and other insurances.  
**Hours:** 8:00 am- 5:30 pm

Marion Diagnostic Center  
3003 Civic Circle Boulevard, Suite 200  
Marion, IL  62959  
**Services:** Family practice. Walk-in clinic with extended evening/weekend hours.  
**Fee:** Accepts medical card, Medicare and Blue Cross Blue Shield.

Marion Eye Centers and Optical  
1-800-344-7058  
www.marioneyecenters.com  
Offices located in West Frankfort, Herrin, Carterville, Harrisburg, Eldorado, Chester, Sparta, Vienna, Mt. Vernon, DuQuoin, Carbondale and Murphysboro.  
**Services:** Eye/Vision services, including exams and glasses.  
**Fee:** Accepts medical card.

Marion Unit #2 Wellness Center  
Marion High School, 1501 South Carbon Street  
Marion, IL  62959  
Fax:  618-997-8978  
www.shsdc.org  
**Services:** Provides medical and dental services to Marion Unit #2 students, faculty, staff and their families. Services provided through Shawnee Health Services.  
**Intake:** Call 997-7273 for medical appointments. Walk-ins welcome.  
For dental services, call 529-2621 to schedule appointment.  
**Fee:** Accepts medical card, All Kids and most private insurance; sliding fee scale for uninsured.  
**Hours:** Monday-Thursday, 7:30 am-4:00 pm (closed 12:00 pm-1:00 pm)  
Friday, 7:30 am –12:00 pm.

Medical Arts Clinic Ltd.  
19 East Shawnee Drive, Suite 2  
Murphysboro, IL  62966  
**Services:** Psychological family practice  
**Application process:** Call for an appointment.  
**Fee:** Accepts medical card.  
**Hours:** Monday-Friday, 8:00 am-5:00 pm (closed 12:00 pm-1:00 pm)

Medical Transportation Solutions  
844-220-1243  
**Services:** Will set up transportation for doctor appointments throughout Southern Illinois
Memorial Hospital of Carbondale 618-549-0721
405 West Main Street, www.memorialhospitalofcarbondale.org
Carbondale, IL  62901

Contact: Education Department
Services: Prenatal classes in five meetings during the evening. Breastfeeding support group, boot
camp for new dads, childbirth course.
Fee: None.
Hours: Call Education Department for registration and schedule.

Migrant/Farmworker Health Center 618-687-3418
#7 South Hospital Drive www.shsdc.org
Murphysboro, IL  62966

Services: Provides services to migrant and seasonal farm workers in Southern Illinois. Medical and
dental services are provided at Murphysboro Health Center and the Shawnee Dental Center at
Murphysboro. A bilingual/bicultural outreach team enhances access to medical, dental and social
services.
Fee: Reduced fees and arranged payment plan: Medicare and Medicaid accepted.
Hours: Monday-Thursday, 8:00 am-6:30 pm; Friday, 8:00 am-5:00 pm.

Murphysboro Dental Clinic-Dr. Nguyen 618-687-4040
1116 Locust Fax: 618-687-4333
Murphysboro, IL  62966

Services: Dental Services-Practice limited to patients five years of age and older
Hours: Monday-Thursday, 9:00 am-1:00 pm and 2:00 pm-5:00 pm;
Friday, 9:00 am-1:00 pm.

Murphysboro Family Medicine 618-687-2353
628 North 14th Street Fax: 618-687-9511
Murphysboro, IL  62966

Services: Family practice, pediatrics, Obstetrics.
Fee: Accepts medical card.

Murphysboro Health Center 618-687-3418
#7 South Hospital Drive Fax: 618-684-2748
Murphysboro, IL  62966 www.shsdc.org

Services: Medical diagnosis and treatment available. Complete maternity care, dental services,
Health Alliance, Blue Cross/Blue Shield and Health Link accepted
Fee: Reduced fees and arranged payment plan: Medicare and Medicaid accepted.
Hours: Monday-Thursday, 8:30 am-7:00 pm; Friday, 8:30 am-5:00 pm; Saturday, 8:30 am-12:00 pm.
Shawnee Dental Center-Carbondale 618-519-9901
400 South Lewis Lane  Fax: 618-519-9375
Carbondale, IL 62901  www.shsdc.org

Population: Jackson and Williamson county residents are eligible.
Fee: Medical/Kid Care cards, private insurance and sliding fee scale for self-pay.

Shawnee Dental Center-Marion - See Illinois Centre Healthcare

Shawnee Health Care-Marion 618-997-5270
1506 North Sioux Drive  www.shsdc.org
Marion, IL 62959
Services: Family medicine for all ages, immunizations, routine tests and screenings, laboratory services on site, senior services. Services provided by Shawnee Health Services.
Fee: Medical/Kid Care cards, private insurance and sliding fee scale for self-pay.
Hours: Monday-Friday, 8:00 am-5:00 pm.

Shawnee Women’s Health 618-457-0465
202 West Jackson  Fax: 618-457-8022
Carbondale, IL 62901  www.shsdc.org
Services: OB/GYN services, including normal and high-risk pregnancy, ultrasound and early screen, 4-D screening, well woman care, family planning, menstrual and hormonal disorders, menopause services, laparoscopic and gynecologic surgery.
FAMILY MEDICINE services for males and females of all ages including, well child checks, physical exams, chronic disease screening and management, treatment for diabetes, high blood pressure and heart disease, dermatology services.
Fee: Medical/Kid Care cards, private insurance and sliding fee scale for self-pay.
Hours: Monday-Friday, 8:00 am-5:00 pm.

SIU Carbondale Community Dental Center 618-453-2353
1365 Douglas Drive  Fax: 618-453-7020
SIU Carbondale College of Applied Science and Arts
Carbondale, IL 62901
Services: Cleanings, x-rays, check-ups, sealants and topical fluoride treatments for children; Exams, x-rays, restorative and prosthetic work for adults.
Fee: Medical card or cash.
Hours: Call Monday or Thursday between 8:00 am-12:00 pm and 1:00-9:00 pm.
SIU Carbondale Dental Hygiene Clinic 618-453-8826
1365 Douglas Drive, SIU Carbondale College of Applied Sciences and Arts, Building Room 25
Carbondale, IL 62901
Services: Provide dental exams, oral prophylactics, x-rays, fluoride treatments, pit and fissure sealants, and other hygiene services and will accept 3-year old children.
Fee: Cash or check only; reasonable fees. Call for specific amounts.
Hours: Vary as to each semester-call for appointment times.

SIU Edwardsville Dental School for Advanced Pediatric Dental Care 618-474-7000
2800 College Avenue, Alton, IL 62002
Fax: 618-474-7029

Southern Illinois Family Medicine 618-536-6621
305 West Jackson, Suite 200
Carbondale, IL 62901
Services: Family medical care
Fee: Charges vary according to work done and length of visits. Accepts medical card
Hours: Monday-Friday, 8:00 am-5:00 pm. Residents on call 24 hours/day.

Southern Illinois Care Connect 618-684-3143 x 155
415 Health Department Drive, PO Box 307
Murphysboro, IL 62966
Fax: 618-684-6023
Services: Case management, health care, support groups, nutrition, dental care, transportation, housing assistance, counseling, advocacy.
Population: HIV infected community and their families, including women and children.
Fee: None.
Hours: Monday-Friday, 8:00 am-4:00 pm.

St. Joseph Memorial Hospital 618-684-3156
2 South Hospital Drive
Murphysboro, IL 62966
Fax: 618-529-0534
www.stjosephmemorialhospital.org
Call for more information.

Terrier Care School Based Health Center Medical: 618-519-9119
School Nurse: 457-3371 x 252
1301 East Walnut Street
Carbondale, IL 62901
Fax: 618-684-3123
www.shsdc.org
Services: Provides medical and dental services to Carbondale Community High School students, faculty, staff and their families. Services provided by Shawnee Health Services.
Intake: Call 457-3371 for medical appointments. Walk-ins welcome.
For dental services, call 529-2621 to schedule appointment.

**Fee:** Accepts medical card, All Kids and most private insurance. Sliding fee scale for uninsured.
**Hours:** Monday-Friday, 7:30 am-4:00 pm.

**Transportation-Medical/Dental**
- **Jackson County**
- **Williamson County**

Contact your IDHS caseworker if you have the medical card to arrange transportation to/from appointments.

**U.S. Department of Veterans’ Affairs Medical Center**
- 2401 West Main Street
- Marion, IL 62959-1194

**Services:** Community based outpatient clinics, primary medical and surgical-psychiatric care, in-patient and out-patient, extended care.

**Population:** All of Southern Illinois south of Effingham.

**Fee:** None for veterans who meet the Means Test, and co-payment for those who exceed income limits, or will bill medical insurance provider.
**Hours:** Monday-Friday, 8:00 am-4:30 pm with emergency coverage.
HOLIDAY RESOURCES

Angel Tree 618-993-5854
Salvation Army
906B Tower Square Plaza
Marion, IL 62959
**Services:** This program begins in the fall with completion at the holidays. Each Angel Tree contains paper angel ornaments representing children in need of holiday gifts. Shoppers agree to purchase new gifts for their angel. Specific amounts to be spent are not determined, however an individual is requested to purchase the item requested by their angel.

Good Samaritan Ministries 618-457-5794
701 South Marion Street
Carbondale, IL 62901
**Services:**
- **Travelers Aid:** Help stranded travelers get to their destinations by providing a gasoline voucher or a bust ticket.
- **Rent/utility Assistance:** For emergency situations or for the purpose of preventing homelessness, when funds are available.
- **Transitional Housing:** For women, men and their children up to 24 months.
- **Food Pantry:** At the University Baptist Church, 700 South Oakland; Monday and Friday, 9:00 am-11 am, distributes food to community members in need.
- **Soup Kitchen:** 7 days a week at 701 South Marion. Breakfast: 8:00 am-9:30 am; Lunch: 11:30 am-12:00 pm; Dinner: 5:30 pm-6:30 pm.
- **Holiday Help:** Provides holiday food boxes for families in need who are referred by local agencies, such as churches, schools, daycare centers and community service agencies in the Carbondale community.

Lions Club 618-684-6421
PO Box 451
Murphysboro, IL 62966
**Services:** Provides shopping and holiday gifts for selected families in need in the Murphysboro area.

Murphysboro High School Key Club 618-687-2336
50 Blackwood Drive
Murphysboro, IL 62966
**Services:** Provides toys, coats, and food to Murphysboro households at Christmas time.

Shop with a Cop 618-457-3200
Carbondale Police Department
501 South Washington Street
Carbondale, IL 62901
**Services:** Selected children go shopping for holiday gifts with a police officer.
Toys for Tots
U.S. Marine Corps Reserve
Local program is located in Herrin, IL
Services: New toys are collected through community donations during October, November and December each year and distributed to children in need in the community during the holidays.

Victory Dream Center
607 East College Street
Carbondale, IL 62901
Services: Food pantry is open to everyone. In addition to schedule below, food pantry is open after DC Café on Saturdays.
Hours: Wednesday, 10:00 am-1:30 pm.
HOMELESS SERVICES

(See also listings for: Emergency/Crisis Services; Food; Clothing; Furniture / Household Items.)

Crosswalk Community Action Agency 618-937-3581
410 West Main Street Fax: 618-937-3583
West Frankfort, IL 62896 www.crosswalkcaa.com

Services: Emergency services and housing rehabilitation.

Energy assistance through the Low-Income Home Energy Assistance Program (LIHEAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides annual payments on behalf of clients to their energy providers to help offset the cost of heating their homes. This program also can provide emergency assistance when a client has been disconnected by a utility company or when the supply of heating oil or LP gas is dangerously low. This program also has some funds available to repair or replace defective furnaces or heating appliances.

Home weatherization through the Illinois Home Weatherization Assistance Program (IHWAP) to income eligible households in Franklin, Jefferson and Williamson counties. This program provides no-cost weatherization services to eligible homeowners and cost sharing of such services to rental property housing eligible households. These services could include insulation, weather-stripping, caulking, doors, windows and repair/replacement of heating systems.

Population: Franklin, Jackson, Jefferson and Williamson counties.

Application process: Call for information.

Good Samaritan Ministries 618-457-5794
701 South Marion Street Fax: 618-549-5138
carbondale, IL 62901 goodsam@mchsi.com

Services: www.goodsamcarbondale.org

• Travelers Aid: Help stranded travelers get to their destinations by providing a gasoline voucher or a bust ticket.
• Rent/utility Assistance: For emergency situations or for the purpose of preventing homelessness, when funds are available.
• Transitional Housing: For women, men and their children up to 24 months.
• Food Pantry: At the University Baptist Church, 700 South Oakland; Monday and Friday, 9:00 am-11 am, distributes food to community members in need.
• Soup Kitchen: 7 days a week at 701 South Marion. Breakfast: 8:00 am-9:30 am; Lunch: 11:30 am-12:00 pm; Dinner: 5:30 pm-6:30 pm.
• Holiday Help: Provides holiday food boxes for families in need who are referred by local agencies, such as churches, schools, daycare centers and community service agencies in the Carbondale community.
Centerstone South
Centerstone Emerald Plaza
Centerstone Main Street, Campus
Administration and Centerstone Counseling and Wellness Center
Centerstone Crisis Center

Services: Provides broad range of mental health services. Outpatient clinical therapy for individuals, families and groups, ages 4-18. Screening assessment and support services. Intensive outreach program for children and teenagers ages 4-18 at risk for psychiatric hospitalization. Outpatient counseling, DUI evaluation and education, residential rehabilitation for adults, family, group, individual counseling related to substance use. Programs for pregnant teens and adolescent parents up to 21 years old. Programs for runaway and homeless youth aged 12-21. Marion Partnerships for Youth programs, Teen Action Program (school-based program), foster care support services and family prevention services for at-risk families referred by DCFS. Social/motional programs for children ages 0-5, and Early Head Start services.

Application process: Phone for more information.
Fee: Call for specific fees and insurances accepted.

Illinois Secretary of State

Jackson County: 2516 West Murphysboro Road
				Carbondale, IL 62901
				618-457-0488

Williamson County: 1905 Rendleman Street
				Marion, IL 62959
				618-993-2587

Services: Free state identification cards to qualified homeless individuals.
Application process: Homeless applicants seeking a free I.D. must submit a “Homeless Status Certification” document, which is to be completed and by an agency or religious organization and notarized with the applicant’s signature. In addition, applicants must provide proof of the following: legal name, date of birth, social security number, legal residence and signature verification. A list of acceptable documents is available on the website.
Hours: Closed Sunday and Monday; Tuesday, 8:00 am-6:00 pm; Wednesday-Friday, 8:00 am-5:00 pm; Saturday, 8:00 am-noon.
Land of Lincoln Legal Assistance
509 South University Avenue, 3rd Floor
Carbondale, IL 62901
877-342-7891 800-642-5335 (clients only)
Fax: 618-684-3738

Services: Free legal services to family cases. Civil cases only.
Application process: Call 1-877-342-7891 for an appointment.
Fee: No fee charged if eligible.
Hours: Monday-Friday 9:00 am- 1:30 pm.

Lighthouse Shelter
1101 North Madison Street
Marion, IL 62959
618-993-8180
Fax: 618-997-3625
www.thelighthouseshelter.com
Services: Shelter for homeless, advocacy and case management.

Project Manna Food Pantry and Soup Kitchen
Compassionate Ministries Marion Ministerial Alliance
c/o Marion Ministerial Alliance
103 East Calvert
Marion, IL 62959
618-993-8419
Fax: 618-997-8441
Services: Food Pantry open Tuesday 8:30 am- 11:30 am. Soup Kitchen serves lunch Monday-Friday, 11:30 am-12:30 pm.
Application: Applicants need to bring proof of Marion residency and Social Security number.
Hours: Assistance office open Monday-Friday, 9:00 am-12:00 pm.

Regional Office of Education Homeless Liaison
Jackson and Perry Counties
Jackson County Courthouse
Murphysboro, IL 62966
618-687-7290
Fax: 618-687-7296
www.roe30.org

Williamson and Franklin Counties
404 North Monroe Street
Marion, IL 62959
998-1283 x 4 or 800-455-5843
Fax: 618-998-9226
Services: Assists homeless families with school age children to continue education. Possible assistance with transportation and school supplies. The definition of homeless includes persons without a “fixed regular and adequate night” place and families sharing housing because of finances.
Population: Homeless families with school age children.
Application process: Call.
Fee: None.
Southern Illinois Coalition for the Homeless 618-993-0094
801 North Market Street, PO Box 955  Fax: 618-993-4013
Marion, IL 62959
Services: Home buying program for low-income families and transitional housing program.
Permanent supportive program for disabled adults (SSI, SSD, and other families).
Application process: Call for application.
Hours: Monday-Thursday, 8:00 am-5:00 pm.

Supporting People In Need (SPIN) www.spinsupport.org
822 Industrial Park Road, PO Box 781 homelesstohome.vpweb.com
Murphysboro, IL 62966
Services: Assist the people of southern Illinois in cases of personal property damage due to fire, flood, tornado, or other disasters as they occur. Also assist the elderly, disabled, and needy people of southern Illinois during a time of distress by giving clothes, household items, assistant needs equipment, and offering referrals to other agencies.
Application process: Apply in person.
Fee: None.
Hours: Thrift Shop: Thursday, 10 am-2:30 pm; Friday- Saturday, 9:00 am-4:30 pm;

Williamson County Family Crisis Center 618-988-8020
PO Box 2066 Fax: 618-942-0650
514 North 18th Street
Herrin, IL 62948
Services: Shelter for homeless, domestic violence safe house, advocacy and case management.
Fee: None
Hours: 24 hours a day

Women’s Center (Shelter Program) 618-549-4807
610 South Thompson Hotline: 800-334-2094
Carbondale, IL 62901 www.thewomensctr.org
Services: Shelter, counseling, social services for abused women and their children, transportation, emergency food and clothing, group counseling, general advocacy and legal advocacy.
Fee: None
Application process: Apply in person or call.
Hours: Call hotline 24 hours a day or drop in 8:00 am-4:00 pm, weekdays

Women’s Center (Marion Satellite Office) 618-993-3178
1108 North Carbon Street, Unit J 618-993-0803
Marion, IL 62959 (domestic violence services) (rape crisis services)
Hotline: 800-334-2094 (24 hours)
Services: Domestic violence counseling and sexual assault/rape crisis intervention (see services listed under Women’s Center.
Fee: None.
HOUSEHOLD ITEMS / FURNITURE

Create-A-Smile Thrift Shops  618-534-5347
115 South Division Street
Carterville, IL 62918

First Baptist Church  618-932-2105
106 West Oak Street
West Frankfort, IL 62896
Services: Free clothing and limited household items.
Hours: Wednesday, 9:00 am-11:00 am.

The Manna Mission  618-983-6262
306 East Broadway
Johnston City, IL 62951
Services: Food pantry and thrift store.
Population: Johnston City School District for food. Anyone can shop at the thrift store.
Hours: 9:30 am-4 pm Monday and Wednesday; 9:30 am-5:30 pm Tuesdays, first Saturday of every month 9:30 am-12:30 pm. Pantry 10:00am-3:00pm, Wednesday

Supporting People In Need (SPIN)  www.spinsupport.org
822 Industrial Park Road, PO Box 781, homelesstohome.vpweb.com
Murphysboro, IL 62966
Services: Assist the people of southern Illinois in cases of personal property damage due to fire, flood, tornado, or other disasters as they occur. Also assist the elderly, disabled, and needy people of southern Illinois during a time of distress by giving clothes, household items, assistant needs equipment, and offering referrals to other agencies.
Application process: Apply in person.
Fee: None.
Hours: Thrift Shop: Thursday, 10 am-2:30 pm; Friday- Saturday, 9:00 am-4:30 pm;

The Thrift Shop-Carbondale  618-457-6976
215 North Illinois
Carbondale, IL 62901
Services: Provide clothing and household goods for all members of the family at a low price.
Vouchers available from various agencies.
Hours: Tuesday-Saturday, 9:00 am-6:00 pm.
Vouchers redeemable Tuesday and Saturday 9:00 am-12:00 pm.
### ADDITIONAL THRIFT SHOPS and RESALE SHOPS

<table>
<thead>
<tr>
<th>Shop Name</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>George’s Resale</td>
<td>618-687-1337</td>
</tr>
<tr>
<td>1324 Walnut Street</td>
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<tr>
<td>Murphysboro</td>
<td></td>
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<tr>
<td>Goodwill Store</td>
<td>618-549-3415</td>
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<tr>
<td>1145 East Main</td>
<td></td>
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<tr>
<td>Carbondale</td>
<td></td>
</tr>
<tr>
<td>Goodwill Store</td>
<td>618-998-1612</td>
</tr>
<tr>
<td>2812 East Outer Drive Road</td>
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</tr>
<tr>
<td>Marion</td>
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<tr>
<td>Salvation Army Thrift Store</td>
<td>618-932-3990</td>
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<tr>
<td>1104 East Main</td>
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<tr>
<td>West Frankfort</td>
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<tr>
<td>Salvation Army Thrift Store</td>
<td>618-997-9355</td>
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<tr>
<td>906 B Tower Square</td>
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<tr>
<td>Marion</td>
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<tr>
<td>Salvation Army Thrift Store</td>
<td>618-542-1826</td>
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<tr>
<td>1323 S Washington</td>
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<tr>
<td>DuQuoin</td>
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<tr>
<td>Tilley’s Appliances</td>
<td>618-542-6810</td>
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<tr>
<td>518 East Park Street</td>
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<tr>
<td>DuQuoin</td>
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</tbody>
</table>
HOUSING

Western Egyptian Economic Opportunity Council 618-965-3193
#1 Industrial Park
Steeleville, IL 62288
weeoc.org
Services: HUD housing counseling, counseling for pre/post home buying, renting and budgeting.

Attucks Community Services 618-549-0341
207 North Marion
Carbondale, IL 62901
Services: Assistance purchasing a newly built home in Carbondale for qualified buyers through collaboration between government and non-profit developers.
Application process: Call for information.

Carbondale First Time Homebuyer Assistance Grant
Illinois Housing Development Authority (IHDA)-can provide up to $10,000 in down payment and closing costs. Homeowner must provide at least $1,000 towards purchase price and qualify for and obtain financing.

Carbondale Towers/Mill Street Apartments 618-529-3371
810 West Mill Street
Carbondale, IL 62901
Services: Rent to senior citizens and persons with disabilities. Rent is 30% of gross income.
Application process: Contact office-waiting list.
Hours: Monday-Friday, 9:00 am-4:00 pm

City of Marion Housing Authority 618-997-1258
501 North Market
Marion, IL 62959
Fax: 618-997-2680
www.marionhousing.org
Services: Help low-income families and senior citizens find housing, referral and information.
Fee: Rent based on 30 percent of family’s adjusted gross income.
Application process: Pick up application in person.
Hours: Monday-Friday, 8:30 am-4:30 pm (closed 12:00 pm-1:00 pm).

The Fields Apartments 618-549-7377
700 South Lewis Lane
Carbondale, IL 62901
Services: 1, 2, and 3-bedroom apartments. Rent is figured at 30% of gross income. Handicap accessible units available; waiting list, project based, Section 8.
Application process: Apply at office.
Hours: Monday-Friday, 8:00 am-4:00 pm (closed 12:00 pm-1:00 pm).
Habitat for Humanity
Jackson and Union Counties
PO Box 1064
Carbondale, IL 62903
Williamson County
1200 S Carbon St
Marion, IL 62959
Application process: Complete application process. Applicant must live in sub-standard housing, and provide 350 hours of “sweat equity” in program; monthly housing payment dependent upon income.

Illinois Masonic Children’s Home
101 Masonic Drive
Murphysboro, IL 62966
Services: Offers a long-term residential care for Illinois children ages 4-16. Homes offer a safe structured living environment until children are able to rejoin their family. Parents do not surrender parental rights.
Population: Open to children whose families are experiencing difficulties.
Application process: Call to begin admission/referral process.
Fee: None.

Jackson County Housing Authority
300 North 7th Street
Murphysboro, IL 62966
Services: Housing for low income families and senior citizens in Carbondale, DeSoto, Elkville, Grand Tower, Ava and Murphysboro
Population: Low income families and senior citizens, disabled
Application process: May request pre-application from office, but final application process must be completed in person.
Fee: Rent based on applicant’s income
Hours: Monday, Tuesday, Thursday, Friday 8:30 am-4:30 pm; Wednesday, 8:30 am-12:30 pm

Section 8 Housing
Jackson County Housing Authority
300 North 7th Street
Murphysboro, IL 62966
Williamson County Housing Authority
300 North Hickory
Carterville, IL 62918
City of Marion Housing Authority
501 North Market Street,
Marion, IL 62959
**Services:** Decent, safe, and sanitary housing to low income families and senior citizens. Those accepted receive a voucher and locate approved housing within the community.

**Population:** Low income families, senior citizens and disabled.

**Application process:** Check to see if list is open or closed; waitlists for services.

**Shawnee Enterprises**
1412 Shawnee Dr
Marion, IL 62959

**Services:** Some subsidy available at 30% of GROSS income for those who qualify. Some handicap equipped units. Locations in Energy and Marion.

**Application process:** Call for specific instructions.

**Hours:** Monday-Friday, 8:00 am-4:30 pm.

**Southern Illinois Coalition for the Homeless**
801 North Market Street, PO Box 955
Marion, IL 62959

**Services:** Home buying program for low-income families and transitional housing program. Permanent supportive program for disabled adults (SSI, SSD, and other families).

**Application process:** Call for application.

**Hours:** Monday-Thursday, 8:00 am-5:00 pm.

**U.S. Department of Agriculture Rural Development**
502 Comfort Drive, Suite B
Marion, IL 62959

**Services:** Direct and guaranteed housing purchase loans to residents in towns less than 20,000 population. Loans to low income home owners and senior citizens for essential repairs. Business loan guarantees.

**Note:** Loans available for Jackson and Williamson Counties and all of southern Illinois.

**Application process:** Written application with supporting material.

**Fee:** Credit report fees and closing costs, appraisal fees

**Hours:** Monday-Friday, 8:00 am-4:30 pm.

**Williamson County Housing Authority**
1200 S Carbon St
Marion, IL 62959

**Application process:** Complete application process. Applicant must live in sub-standard housing, and provide 350 hours of “sweat equity” in program; monthly housing payment dependent upon income.
IMMIGRATION ASSISTANCE

Southern Illinois (or presence in So.IL)
Center for Empowerment and Justice, NFP 618-457-2777
231 N. Washington Street TheCenter4Justice@gmail.com
Carbondale, IL 62901

Services: The Center for Empowerment and Justice strives to assist those in need within the community and stands as a place where individuals can come to receive support. Non-Profit Organization.

Project: Southern Illinois Immigration Project (SIIRP).

Diane Speir (Private Attorney) (618) 549-5059 X136
Millwood Executive Suites www.dianespeirlaw.com
1400 N. Wood Rd. dsspeir@frontier.com
Murphysboro, IL 62966

Immigration Project (309) 829-8703
211 Landmark Dr., Ste. B3A (309) 807-2753 (fax)
Normal, IL 61790 info@immigrationproject.org
www.immigrationproject.org

Hours/Days: Clinic days in Carbondale IL every 6-8 weeks

Fees: Non-profit provider with sliding fee scale fees.

LAF (Legal Aid Chicago) www.lafchicago.org
120 S. Lasalle St., Ste. 900 (312) 341-1070
Chicago, IL 60603

Services: Free legal service provider. Can provide services in Southern Illinois
In limited circumstances for migrant workers or victims of crime or domestic violence.

Metro East and St. Louis Area

Molina Immigration Law, L.L.C. (314) 995-5351
Sarah Molina, private attorney (314) 787-9594 (fax)
9300 Olive Blvd. smolina@molinaimmigration.com
St. Louis, MO 63132 www.molinaimmigration.com

Alex Enyart (private attorney) (618) 235-8300
12 South 2nd St.
Belleville, IL 62220
MICA Project
1600 South Kingshighway, Suite 2N
St. Louis, MO 63110
(314) 995-6995
(314) 735-4359 (fax)

Bilingual International Assistant Service
1329 MacKind Ave., Suite 200
St. Louis, MO 63110
(314) 645-7800
bilingualstl.org
admin@bilingualstl.org

Catholic Charities of St. Louis-Catholic Immigration Law Project
100 N. Tucker Blvd., Ste. 726
St. Louis, MO 63110
sfcsstl.org/locations/clam

International Institute of St. Louis
Arsenal Street
St. Louis, MO 63118
(314) 773-9090
info@iist.org

Legal Services of Eastern Missouri-Immigration Law Project
4232 Forest Park Ave.
St. Louis, MO 63108
(314) 256-8741
kmreid@lsem.org
www.lsem.org

Chicago Area
National Institute Justice Center
208 S. LaSalle, Suite 1300
Chicago, IL 60604
(312) 660-1370
Detention Hotline (312) 263-0901
immigrantlegaldefense@heartlandalliance.org

Illinois Coalition for Immigration and Refuge Rights
55 E. Jackson, Ste. 2075
Chicago, IL 60604
Hotline (855) 435-7693
info@icirr.org
INCOME ASSISTANCE

Carbondale Township General Assistance Office 618-457-3366
217 East Main Street
Carbondale, IL 62901
Services: Vouchers for partial payments for shelter, food and utility costs, essential medical coverage for eligible persons—single, no dependents.
Population: Primarily single adults not supporting dependents, unemployed and meeting income eligibility must be Carbondale Township resident.
Application process: File written application, have interview with caseworker, provide information needed to determine eligibility. U.S. Citizenship or permanent resident status required.
Fee: No fee.
Hours: Monday-Friday, 8:30 am-4:00 pm (closed 12:00 pm-1:00 pm).

Child Support Services - Marion Regional Office 618-993-7801
3419 Professional Park Drive
Marion, IL 62959
1-800-447-4278 (toll free)
www.ilchildsupport.com
Services: Locate absent parents, secure or modify order for child support and/or health insurance, collect child support payments (any state) and establish paternity (legal father). Enforce child support order.
Population: All parents, regardless of income levels.
Fee: One-time fee may be charged for services for non-TANF families.

Federal Citizen Information Center 888-878-3256
www.pueblo.gsa.gov
Services: Offers free information and guides on a variety of topics, such as money management, federal programs, health, and consumer information. Publications include the guide 66 Ways to Save Money.

Illinois Department of Human Services (IDHS)
Jackson County Office: 342 North Street, Murphysboro, IL 62966 618-687-1705
Williamson County Office: 1107 West DeYoung Suite 20, Marion, IL 62959 618-997-6591
www.dhs.state.il.us
Services: Financial Assistance (TANF), Food Stamps/LINK card, Medical Assistance (Medical card, Kid Care and Aid to Aged, Blind or Disabled (AABD). Financial supplement to eligible AABD clients. Employment assistance also available.
Population: Offices work with residents of the county.
Application process: Call for specific instructions.
Fee: None
Hours: Monday-Friday, 8:00 am-5:00 pm.
Lifeline/Link-Up Telephone Assistance Programs

Contact: Your local telephone service provider.

Services: Helps with telephone charges for income-eligible families (i.e. recipients of Medicaid, Food Stamps, SSI, Federal Public Housing Assistance, and Low-Income Energy Assistance Recipients, TANF, National School Lunch Program (NSLP); may provide waiver of installation charges or a reduction in the monthly cost of basic local phone service.

Population: See criteria above under services. Income at or below 135% federal poverty guidelines.

Fee: None.

Safelink Wireless Telephone Assistance Program

Services: Extends Lifeline (see above) support to cell phones; works in coordination with TracFone wireless service. TracFone provides a wireless phone and income-eligible families receive a monthly allotment of minutes.

Eligibility: Eligibility guidelines vary by state but in general individuals qualify if they participate in a public assistance program such as Food Stamps, Medicaid, Supplemental Security Income (SSI), Temporary Assistance for Needy Families (TANF), Low Income Home Energy Assistance Program (LIHEAP), National Free School Lunch, Federal Housing/Section 8 Assistance, or if they do not receive any of these public assistance programs, they may also qualify based on total household gross monthly income. Customers can learn more or apply by calling 1-800-SAFELINK or visiting www.SafeLink.com

Debt Reduction and Credit Counseling Services

Care One Credit

1-888-888-CARE
www.careonecredit.com

Clearpoint Financial Solutions

1-877-422-9040
www.clearpointfinancialsolutions.org

Credit Solutions

1-800-353-7630
www.creditsolutions.com
INFANT / PREGNANCY / FAMILY PLANNING SERVICES

(See also Early Intervention Services)

Adolescent Health Center 618-529-2621
400 South Lewis Lane
Carbondale, IL 62901
Fax: 618-549-1288

Social Services: Health education and case management, counseling, Healthy Families program for first time parents, Family Centered Services focuses on truancy prevention in schools, Communities Empowering Youth provides positive youth development programming, suspensions and/or expulsions. Behavioral Health

Target Population: 0 - 25 years old.

Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

Hours: Monday, Wednesday, Friday, 8:30 am-5:00 pm; Tuesday, 8:30 am-8:30 pm.

Adolescent Pregnancy and Parenting Services (APPS) of Centerstone
Contact: Anita Malone 618-937-6483 or 618-997-5336
902 West Main Street
West Frankfort, IL 62896
Fax: 618-937-1440
www.buildingbettertomorrows.org

Services: Prenatal and parenting skills, education, socialization for teens. Advocacy, linkage, counseling for teens and families. Medical advocacy, transportation to and from doctors, WIC, etc.

Eligibility: Pregnant or parenting adolescent up to age 21, from Franklin or Williamson Counties.

Fee: None.

Hours: Monday-Friday; can be flexible, occasional weekend socialization activities.

Early Head Start (Centerstone) 618-997-5336 x 6415
1205 West Main
Marion, IL 62959
or 618-937-6483 x 7614
Fax: 618-997-5989

Services: Provides child and family development services in the home.

Population: Williamson and Franklin counties (pregnant moms/parents and children to three years).

Franklin/Williamson Bi-County Health Department
8160 Express Drive Phone: 618-993-8111
Marion, IL 62959 Fax: 618-993-6455

403 East Park
Benton, IL, 62812
Phone: 618-439-0951
www.bicountyhealth.org
Services: Maternal-child case management, WIC, premature and high-risk infant follow-up, immunizations, TB testing, school vision/hearing screening, family planning counseling, pregnancy testing and home health care on a scheduled fee per visit basis. Breastfeeding information. All kids for pregnant women.

Application process: Call for appointment.

Fee: For Immunizations only.

Hours: Monday-Friday, 8:00 am-4:00 pm (closed 12:00 pm –1:00 pm).

Healthy Start 1-800-323-4769
WIC Locations 1-800-252-8635

Offered through the Illinois Department of Human Services

Must be pregnant with income below 200% of Federal Poverty Line. Check-ups, outpatient care, labs, vitamins, prescriptions, ER visits, eye care and dental care, transportation.

Jackson County Health Department 618-684-3143
PO Box 307
415 Health Department Road
Murphysboro, IL 62966 Fax: 618-684-6023

Services: Immunizations, blood/lead screening, communicable disease control, family planning, pregnancy testing, women’s health screening, birth control, WIC, nutrition counseling, breastfeeding classes/resources, well child exams, new mother/high risk infant home visits, vision/hearing screenings, STD testing/treatment, HIV testing/counseling/case management, family case management, death/birth certificates and genetic counseling, car seat checks.

Application process: Call for appointment (appointments required for WIC and family planning)

Population: Anyone.

Fee: Services are at no or low cost.

Hours: Call for a specific program’s hours and services.

Memorial Hospital of Carbondale 618-549-0721
405 West Main Street, www.memorialhospitalofcarbondale.org
Carbondale, IL 62901

Contact: Education Department

Services: Prenatal classes in five meetings during the evening. Breastfeeding support group, boot camp for new dads, childbirth course.

Fee: None.

Hours: Call Education Department for registration and schedule.
Operation Rebound
205 North Oakland
Carbondale, IL 62901

**Services:** GED classes, Adult Basic Education classes, high school credit classes, Family Literacy program, ESL instruction, basic computer operations. Home visiting/case management program for students with children and provides parenting education, parent/child activities and development screenings for children.

**Population:** Adults 16 and over who have not completed high school or are deficient in basic skills and not enrolled in regular school; currently enrolled high school students with credit deficiency.

**Hours:** Annual schedule changes. Call for specific times. Night classes available.

Parents as Teachers
Carbondale/Family Literacy- P.A.T./Carbondale Community High School
618-549-8232
205 North Oakland Ave, Carbondale, IL 62901
Fax: 618-357-0288

Southern Region Early Childhood Program-P.A.T./Murphysboro CUSD #186
121 Quigley Hall, Southern Illinois University Carbondale
618-453-4271
Carbondale IL 62901

**Services:** Parent education program for parents and children ages 0-3

**Application process:** Call for information.

**Fee:** None

Pregnancy Matters

Jackson County:
241 South Lewis Lane
Carbondale, Il 62901

**Hours/days of Operation:** Monday, Wednesday, Friday 10:00-2:00 pm; Tuesday, Thursday 1:00-3:00 pm

Williamson County:
618-997-2790 (Call or text)
808 W. Prairie St.
Marion, IL 62959

**Hours/Days of Operation:** Monday 5:00-7:00 pm; Tuesday, Wednesday, Thursday 10:00-2:00 pm

**Services:** Free pregnancy testing, emotional support, confidential counseling, referrals, maternity and infant clothing, and infant items, adoption information.

**Population:** Pregnant women.

**Fee:** None.

Shawnee Alliance for Youth and Families
618-985-8322

c/o Adolescent Health Center, 6355 Brandhorst Dr
Carterville, IL 62918
Fax: 618-549-1288
www.shsdc.org
Services: Program for first time parents provides case management, education and home visiting services. Counseling.
Target Population: First time parents; services must begin before child is 6 weeks old
Fee: None.

WIC (Women, Infants, Children) Nutrition Program
Jackson County Health Department  684-3143
PO Box 307, 415 Health Department Road
Murphysboro, IL  62966  Fax:  684-8600
Hours: Monday-Friday 8:00-4:00 pm

Franklin-Williamson Bi-County Health Department  993-8111
8160 Express Drive, Marion, IL  62959  Fax:  993-6455
Services: Nutrition education, health assessments, advocacy and referrals to medical and social service agencies and food packages.
Population: Pregnant women, breastfeeding infants and children up to age five.
Application process: Appointment only. Bring child, immunization records, proof of address (utility bill, rent receipt, etc.), Medical Card, driver’s license or photo I.D.
Fee: None.
Hours: Monday, Wednesday, Friday 8:00 am-11:30 am and 1:00-3:00 pm

Williamson County Early Childhood Cooperative  618-997-0137
411 South Court
Marion, IL  62959  www.wcecc.net
Services: Developmental screening, pre-kindergarten program, language development consultant services, Baby TALK parent education program for parents and children ages 0-3, parental training program.
Population: Children and families 0-5 in Williamson County who qualify for services.
Fee: No charge.
LEGAL SERVICES

Attorney General Kwame Roul’s Office
1001 E. Main St
Carbondale, IL 62901
Services: Consumer protection, community outreach and education, identity theft hotline, health care mediation, crime victims’ services, child support enforcement, Illinois youth court, advocacy for seniors and women, defense of civil rights, veterans’ rights, and labor rights, environmental services and safe community.
Fee: None.
Hours: Monday-Friday, 8:45 am-4:45 pm.

Center for Empowerment and Justice, NFP
231 N. Washington Street
Carbondale, IL 62901
The Center for Empowerment and Justice is a local branch of the Changing Minds Campaign, an initiative that does work all over the state. That program seeks to change attitudes about people caught in the cycles of poverty and incarceration.
Services: The Center for Empowerment and Justice strives to assist those in need within the community and stands as a place where individuals can come to receive support. Attorneys available to offer legal services for those involved in the criminal justice system. Southern Illinois Immigration Project (SIIRP). Non-Profit Organization.

Equip for Equality, Inc.
300 East Main Street
Carbondale, IL 62901
Services: Legal representation and Advocacy Services for persons with developmental, mental and physical disabilities, outreach and training, information and referral. Civil and human rights of people with disabilities.
Population: Persons with developmental, mental and physical disabilities. Central/Southern Region office serves 34 southernmost and 34 central counties in Illinois.
Fee: None
Hours: Monday-Friday, 8:30 am-5:00 pm.

Family Matters Parent Training and Information Center (FMPTIC)
1901 South 4th Street, Suite 209
Effingham, IL 62401
Services: Serves 94 Illinois counties. Assist parents to learn about early intervention services for children from birth to three years of age, can inform you about special education services for school aged children, can help with transition issues for students who will be leaving the educational system.
and are preparing for the world of work, adult services or college, and can provide information about resources, best practices, specific disabilities, parent to parent connections, and training opportunities and conferences through toll-free help line, workshops or website.

**Hours:** Monday-Thursday, 8:00 am to 6:30 pm, Friday 8:00 am to 4:30 pm.

**Illinois Guardianship and Advocacy Commission**

618-833-4897

#7 Cottage Drive

Anna, IL 62906

1-866-274-8023

Fax 618-474-5517

www.gac.state.il.us

**Services:** Protects/enforces rights of mentally ill, developmentally disabled, physically handicapped, alcoholic and disabled aged. State Guardian provides guardian for those unable to make or communicate personal and financial decisions. Legal advice and representation.

**Application process:** Call for information.

**Fee:** Sliding scale.

**Hours:** Monday-Friday, 8:30 am-5:00 pm.

**Illinois Legal Self-Help Center Website**

www.illinoislegalaid.org

**Services:** Website offers information, referrals and forms on commonly faced legal problems such as child support, visitation, tenant’s rights as well as others.

**Jackson County Public Defender’s Office**

618-687-7250

22 South 10th Street

Murphysboro, IL 62966

Fax: 618-687-7262

**Services:** Legal representation of indigent persons in criminal and juvenile cases in Jackson County.

**Application process:** Referral by the courts ONLY.

**Hours:** Monday-Friday, 8:00 am-4:00 pm.

**Jackson County State’s Attorney’s Office**

618-687-7200

1001 Walnut St, 3rd Floor

Murphysboro, IL 62966

Fax: 618-687-7215

**Services:** Prosecution of those accused of violating criminal laws; orders of protection for victims of domestic violence.

**Population:** Anyone who is a victim of a criminal offense in Jackson County.

**Fee:** None.

**Hours:** Monday-Friday, 8:00 am-4:00 pm.

**Land of Lincoln Legal Aid**

(618) 457-7800 X6133

509 South University Avenue, 3rd Floor,

Carbondale, IL 62901

800-642-5335 Fax: 618-457-7877

lincolnlegal.org

**Services:** Free legal services to family cases. Civil cases only.

**Application process:** Call 1-877-342-7891 for an appointment.

**Fee:** No fee charged if eligible.
**Hours:** Monday-Thursday 9:00 am- 4:00 pm, Friday: 9:00 am- 1:30 pm.

**SIU Carbondale Law School Self Help Legal Center**  
618-453-3217  
www.law.siu.edu/selfhelp/

**Services:** Offer information, classes and forms on commonly faced simple legal problems such as child support and tenant’s rights as well as others. Also includes a directory of other agencies that can provide further help, with links to many of them and a bibliography of self-help books at the SIU Carbondale Law Library.

**SIU Carbondale Legal Clinics**  
618-536-4423  
www.siu.edu/clinics.asp

1150 Douglas Dr.  
Carbondale, IL 62901  
**Hours:** Monday-Friday, 8:00 am– 4:30 pm  
**Services:** Domestic Violence Clinics, Self-Help Legal Center, Civil Practice/Elderly Clinic, Illinois Agriculture Mediation Clinic

**SIU Carbondale Students Legal Assistance Office**  
618-536-6677  
Fax: 618-453-8769  
www.studentlegal.siu.edu

1263 Lincoln Drive  
Carbondale, IL 62901

Services available to currently enrolled students of SIU who have paid the $6.00 per semester student attorney fee. Call for an appointment.

**Williamson County Public Defender’s Office**  
618-997-1301

200 West Jefferson Street  
Marion, IL 62959

**Services:** Legal representation for persons eligible and appointed by the judge, for felony, misdemeanor, traffic and juvenile.  
**Application process:** Referral by the courts ONLY  
**Fee:** Generally, no fee.  
**Hours:** Monday-Friday, 8:00 am-4:00 pm
LIBRARIES and MUSEUMS

African American Museum 618-457-2217
University Mall
Carbondale, IL 62901
Hours: Monday –Friday, 1:00 pm-5:00 pm; Closed Saturday -Sunday.

Anne West Lindsey District Library 618-985-3298
600 North Division Street  Fax: 618-985-9474
Carterville, IL 62918  awlindsey.com
Application process: Apply at library with identification.
Fee: Free to residents of the Carterville/Tri-C School District; $80.00 per year for out-of-district residents.
Hours: Monday and Wednesday, 10:00 am-7:00 pm; Tuesday, Thursday, Friday, 10:00 am-5:00 pm; Saturday, 10:00 am– 4:00 pm.

Carbondale Public Library 618-457-0354
405 West Main Street  Fax: 618-457-0353
carbondalepubliclibrary.org
Services: Loan of library materials, children’s and adult’s library and programs, community information and referral, reference service, interlibrary loan (including books, films and talking books for blind and physically handicapped).
Population: General public.
Application process: To obtain a library card, bring proof of address plus picture ID. Children need signature of parent.
Fee: Library cards free for Carbondale residents and/or those owning property within the city limits. Non-resident rates are calculated based on property tax or annual rent.
Hours: Monday-Thursday, 9:00 am-8:00 pm; Friday-Saturday, 9:00 am-6:00 pm; Sunday, 1:00 pm–6:00 pm.

Herrin Public Library 618-942-6109
120 North 13th  Fax: 618-942-4165
Herrin, IL 62948  herrincitylibrary.org
Services: Loan of library materials, story hours, summer reading programs, offers lap-sit programs for pre-K children and parents, special exhibits. Member of Shawnee Library System and its computer catalog network. Tours are given on request.
Fee: Borrower’s Cards free to Herrin residents; $30.00 per year for non-residents. Resident cards honored by the Shawnee Library System of Southern Illinois member libraries.
Johnston City Public Library
506 Washington
Johnston City, IL 62951
contact us on Facebook

**Services:** Loan of library materials, summer reading program, special hours on request for school groups.

**Fee:** Free to Johnston City residents; non-resident card available for $30 per year per household.

**Hours:** Monday-Friday, 12:30 pm-7:00 pm; Saturday, 11:00 am-2:00 pm.
Pajama story time for kids 3:00 pm-6:00 pm.

Marion Carnegie Library
206 South Market Street
Marion, IL 62959
www.marioncarnegielibrary.org

**Application process:** Apply during business hours; must have identification and proof of residency.

**Fee:** Library card is free to those who live within city limits of Marion; outside city limits fees are $140 per year for families. Eligibility is based on if water bill is paid to the city of Marion for the household.

**Hours:** Monday-Thursday, 9:00 am-8:00 pm; Friday-Saturday, 9:00 am-5:00 pm.

Sallie Logan Public Library
1808 Walnut Street
Murphysboro, IL 62966
sallieloganlibrary.com

**Services:** books, magazines, records, video, talking books, CD ROM, on-line card catalog, story hour for 3-5-year-old, summer programs, typewriter (no charge).

**Application process:** Apply for a card, need 2 forms of proof of residency within city limits (one must be a current bill).

**Fee:** No charge for persons residing in or owning property within corporate city limits of Murphysboro; outside of Murphysboro city limits is $80 per year for families.

**Hours:** Monday-Thursday, 10:00 am-7:00 pm; Friday and Saturday, 10:00 am-5:00 pm. Closed Sunday.

The Science Center
University Mall, 1237 East Main Street, Suite C8
Carbondale, IL 62901
sciencecentersi.com

**Services:** Provide hands-on experiences in the science areas, field trips, birthday parties, group reservations, programs and classes. Summer camps.

**Population:** Children, ages 3-12 and families.

**Fee:** check website.

**Hours:** Wednesday-Thursday, 11:00 am-5:00 pm; Friday, 11:00 am-6:00 pm; Saturday, 11:00 am-6:00 pm; Sunday, 12:00 pm-5:00 pm. Free days on Thursdays.
Illinois Heartland Library System
607 South Greenbriar Road
Carterville, IL 62918
Fax: 618-985-4211
www.illinoisheartland.org
Services: Information services through area public, schools, colleges, and special libraries, services to the blind and physically handicapped.
Population: Libraries in 32 Southern Illinois Counties
Application process: Apply to local library or online. For blind and physically handicapped services call 985-8375, TTY/Voice.
Hours: Monday-Friday, 8:30 am-5:00 pm.

SIU Carbondale University Museum
1000 Faner Hall #2469 (North End)
Southern Illinois University
Carbondale, IL 62901-4508
Fax: 618-453-7409
email: museum@siu.edu
www.museum.siu.edu
Services: Free fall workshops primarily for ages 7-13.
Population: General public.
Admission: Free.
Hours: Tuesday-Friday, 10:00 am-4:00 pm; Saturday, 1:00 pm -4:00 pm; Sunday, Monday and during University break periods, closed.

Southern Illinois Talking Book Center
Illinois Heartland Library System, 607 South Greenbriar Road
Carterville, IL 62918
Services: Library services for the print handicapped in Braille, cassette, books and magazines available for all ages. Descriptive video for visually impaired. TDD/Voice. Services for children community outreach programs. Free presentations and in-services about talking books.
Population: People of all ages who are blind, visually impaired, physically or disabled, or reading disabled.
Application process: Application available online at www.illinoistalkingbooks.org or upon request from the Talking Book Center or any public library.
Fee: None.
Hours: Monday-Friday, 8:00 am-5:00 pm.
MENTAL HEALTH SERVICES

Adolescent Health Center  618-529-2621
400 South Lewis Lane  Fax: 618-549-1288
Carbondale, IL  62901  www.shsdc.org

Social Services: Health education and case management, counseling, Healthy Families program for first time parents, Family Centered Services focuses on truancy prevention in schools, Communities Empowering Youth provides positive youth development programming, suspensions and /or expulsions. Behavioral Health

Target Population:  0 - 25 years old.

Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

Hours: Monday, Wednesday, Friday, 8:30 am-5:00 pm; Tuesday, 8:30 am-8:30 pm.

Carterville Family Practice Behavioral Health Services  618-985-4841
1006 South Division Street  www.shsdc.org
Carterville, IL  62918

Services: Individual counseling for all age groups to resolve emotional, behavioral, mental problems. Referral to psychiatrist and other mental health professionals as needed.

Intake: Call for appointment.

Fee: Accepts Medical card, Medicare, private insurance, sliding fee scale.

Hours: Extended evening and weekend hours available.

Center for Autism Spectrum Disorders  618-536-2122
625 Wham Drive, Wham Room 124, SIU Carbondale  Fax: 618-453-7178
casd@siu.edu
Carbondale IL 62901

Service: Center provides many services for children with autism and their families, including autism screenings, diagnostic assessments, and therapy, in which language, social, and daily living skills are targeted. Center also works collaboratively with other professionals involved in the child's life.

Fee: Assessment services free of charge for families in our region. There is currently no hourly fee for therapy services; however, there is a $200 per semester materials fee for therapy services. Payment plans may be arranged. Charges an hourly rate for intervention. Services and a set fee for diagnostic evaluations. Takes several insurance companies and Illinois Medicaid. Offers sliding scale for those families who qualify.

Hours: Monday-Friday, 8:30 am-4:30 pm.
Caritas Family Solutions
10286 Fleming Road
Carterville, IL 62918
Fax: 618-985-2033
www.caritasfamilysolutions.org

Services: Adoption, foster care, family counseling, pregnancy care, mentoring young parents, emergency assistance, school counseling.


Application process: Call for more information. Apply online.

Fee: Sliding fee scale.

Hours: Monday-Friday, 8:30 am-4:30 pm; additional hours for evening counseling sessions.

Centerstone
Centerstone South
2311 South Illinois Avenue
Carbondale IL 62903
Fax: 618-529-4563

Centerstone-Emerald Plaza
200 North Emerald Lane
Carbondale IL 62901
Fax: 618-549-3734

Centerstone Main Street, Campus
1307 West Main Street
Marion IL 62959
Fax: 618-993-2969

Administration and Centerstone Counseling and Wellness Center
312 W Plaza
Carterville, IL 62918
Fax: 618-985-1020

Centerstone Crisis Center
403 Commerce Drive
Carterville IL 62918
Fax: 618-956-4563

Services: Provides broad range of mental health services. Outpatient clinical therapy for individuals, families and groups, ages 4-18. Screening assessment and support services. Intensive outreach program for children and teenagers ages 4-18 at risk for psychiatric hospitalization. Outpatient counseling, DUI evaluation and education, residential rehabilitation for adults, family, group, individual counseling related to substance use. Programs for pregnant teens and adolescent parents up to 21 years old. Programs for runaway and homeless youth aged 12-21. Marion Partnerships for Youth programs, Teen Action Program (school-based program), foster care support services and family prevention services for at-risk families referred by DCFS. Social/motional programs for children ages 0-5, and Early Head Start services.

Application process: Phone for more information.

Fee: Call for specific fees and insurances accepted.

Gateway Foundation
1080 E. Park St.
Carbondale IL 62901

Services: Primarily group counseling (Some individual and family counseling): Residential counseling offered.
Illinois Centre Healthcare
3111 Williamson County Parkway
Marion, IL 62959
Services: Psychiatry and counseling, family medicine, respiratory disease and dental
Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.
Emergency Walk-In Clinic: Saturday 9:00 am-11:30 am for all Shawnee Health Service established patients. Previous dental visit not required. Walk-in only.
Hours: Monday-Friday, 7:30 am-5:30 pm.

Lutheran Social Services of Illinois
1616 West Main Street
Marion, IL 62959
Services: Counseling, adoptive and custody studies, child welfare (Family First and Foster Care), foster parent training, emergency assistance, insurance assessment, prisoner and family ministry, divorce mediation.
Fee: Assistance available.
Hours: Monday-Friday, 8:30 am-5:00 pm.

Murphysboro Health Center
#7 South Hospital Drive
Murphysboro, IL 62966
Services: Mental health and medical diagnosis and treatment available. Complete maternity care, dental services. Prenatal care and delivery.
Fee: Reduced fees and arranged payment plan: Medicare, Medicaid and private insurance accepted.
Hours: Monday-Thursday, 8:00 am-5:00 pm, Friday, 8:00 am-5:00 pm.

Path Crisis Center
2-1-1 of Illinois
Services: Information and trained Referral Workers can be reached 24 hours a day, 7 days a week, 365 days per year by calling United Way 2-1-1. PATH currently provides 2-1-1 services to 32 Illinois Counties. Access provided for any language, any time. If you can’t access United Way through your phone, call the number above.

Shawnee Mental Health Services
Offices located in Carbondale, Carterville, Marion, and Murphysboro
http://www.shawneehealth.com/locations/
SIU Carbondale Clinical Center
SIU Carbondale, Student Health Center, Room 253
SIU Carbondale Campus, Carbondale, IL 62901
Services: Psychological evaluations; individual, family, couple, and group counseling; speech-language evaluations and therapy; hearing and central auditory processing evaluations; physical therapy.
Population: Anyone in the community, as well as SIU faculty, staff and students.
Application process: To request service, call 453-2361 (walk-in requests are also accepted).
Fee: Sliding fee scale.
Hours: Monday-Friday, 8:00 am- 4:30 pm

SIU Counseling and Psychological Services
Student Health Center
2nd Floor Room 253
Carbondale, IL 62901
Services: Individual, group and couples counseling services, crisis services.
Population: SIU Carbondale students only.
Intake: Call or stop by office for intake.
Fee: $6 per session and can be charged to bursar.
Hours: Monday-Friday, 8:00 am- 4:30 pm

Women’s Center (Shelter Program)
610 South Thompson
Carbondale, IL 62901
Services: Shelter, counseling, social services for abused women and their children, transportation, emergency food and clothing, group counseling, general advocacy and legal advocacy.
Application process: Apply in person or call.
Fee: None.
Hours: Call hotline 24 hours a day or drop in 8:00 am-4:00 pm, weekdays

Women’s Center
Marion Satellite Office - domestic violence services/ rape crisis services)
1108 North Carbon Street, Unit J
Marion, IL 62959
Services: Domestic violence counseling and sexual assault/rape crisis intervention (see services listed under Women’s Center.
Fee: None.
Hours: Call hotline 24 hours a day.
MARRIAGE/COUPLES SERVICES

The following websites provide information and resources for couples in a variety of situations (i.e. married, living together, divorced, co-parents, step-parents, etc.)

National Healthy Marriage Resource Center  www.healthymarriageinfo.org
Two of Us  www.twoofus.org
University of Illinois Extension Family Works Program  http://urbanext.illinois.edu/familyworks
Ohio State University Extension  https://montgomery.osu.edu/program-areas/familyandconsumer-sciences/healthy-relationships
https://miami.osu.edu/topics/family-and-consumer-sciences/healthy-relationships
SIU Department of Educational Psychology and Special Education  http://ehs.siu.edu/epse/

The following agencies provide low cost couples and family counseling services in the Jackson/Williamson County area. In addition to these resources, many churches provide premarital and couples services.

Caritas Family Services  618-985-2000
10286 Fleming Road  Fax: 618-985-2033
Carterville IL 62918  www.caritasfamilysolution.com
Services: Adoption, foster care, pregnancy care, the Street John Bosco Children’s Center, individual, family and school counseling, senior employment services, senior assisted living management.
Application process: Call for more information. Apply in person.
Population: people from all faiths and income levels in the twenty-eight southern-most counties of the Diocese of Belleville.
Fee: Sliding fee scale.
Hours: Monday-Friday, 8:30 am-4:30 pm; additional hours for evening counseling sessions.

Lutheran Social Services of Illinois  618-997-9196/800-455-5774
1616 West Main Street  Fax: 618-997-6843
Marion, IL 62959  www.lssi.org
Services: Counseling, adoptive and custody studies, child welfare, foster parent training, emergency assistance, insurance assessment, prisoner and family ministry, divorce mediation.
Fee: Assistance available.
Hours: Monday-Friday, 8:30 am-5:00 pm.
SIU Counseling and Psychological Services 618-453-5371
Student Health Center 2nd Floor Room 253 Fax: 618-453-6130
Carbondale, IL 62901 shc.siu.edu

Services: Individual, group and couples counseling services, crisis services.
Population: SIU Carbondale students only.
Intake: Call or stop by office for intake.
Fee: $6 per session and can be charged to bursar.
Hours: Monday-Friday, 8:00 am- 4:30 pm

SIU Carbondale Clinical Center 618-453-2361
SIU Carbondale, Student Health Center, Room 253 clinicalcenter.siu.edu/
SIU Carbondale Campus, Carbondale, IL 62901

Services: Psychological evaluations; individual, family, couple, and group counseling; speech-language evaluations and therapy; hearing and central auditory processing evaluations; physical therapy.
Population: Anyone in the community, as well as SIU faculty, staff and students.
Application process: To request service, call 453-2361 (walk-in requests are also accepted).
Fee: Sliding fee scale.
Hours: Monday-Friday, 8:00 am- 4:30 pm
PARENTING RESOURCES

Adolescent Health Center
400 South Lewis Lane
Carbondale, IL 62901
618-529-2621
Fax: 618-549-1288
www.shsdc.org

Social Services: Health education and case management, counseling, Healthy Families program for first time parents, Family Centered Services focuses on truancy prevention in schools, Communities Empowering Youth provides positive youth development programming, suspensions and/or expulsions. Behavioral Health

Target Population: 0-25 years old.

Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

Hours: Monday, Wednesday, Friday, 8:30 am-5:00 pm; Tuesday, 8:30 am-8:30 pm.

Archway
PO Box 1180, 2751 West Main
Carbondale, IL, 62903
618-529-5944
archwayforchildren.org

Services: Speech/language pathology and developmental therapy. Support services for family. Respite childcare program for children ages 2-5 with developmental delays (see child care section). Cast management, parent resources, free developmental screenings.

Population: Children from birth to three. Respite childcare for children ages 2-5.

Hours: Monday-Friday, 8:00 am-4:00 pm.

Additional Services:
TIKES (Teaching and Interacting with Kids for Educational Success)
2751 West Main Street, PO Box 1180
Carbondale, IL 62903
618-529-5944 x 111
Fax: 618-529-5785

Services: Home visits, case coordination, resource library, play groups, family and parent/child activities.

Population: Jackson and Perry Counties children ages birth through three years.

Application process: Call.

Hours: Monday-Friday, 8:00-4:00 pm.

LIFT
1108 West Willow, PO Box 1180
Carbondale, IL 62901
618-529-4442
Fax: 618-549-0231

Services: Classroom and home-based program offering developmental therapy and screenings.

Population: Jackson, Perry and part of Union Counties children ages 2-5 with development delays.

Application process: Call.

Hours: Monday-Friday, 8:00 pm-4:00 pm.
Caritas Family Services 618-985-2000
10286 Fleming Road Fax: 618-985-2033
Carterville IL 62918 www.caritasfamilysolutions.org
Services: Adoption, foster care, family counseling, pregnancy care, mentoring young parents, emergency assistance, school counseling, parenting education.
Application process: Call for more information. Apply in person.
Fee: Sliding fee scale.
Hours: Monday-Friday, 8:30 am-4:30 pm additional hours for evening counseling sessions.

Family Matters Parent Training and Information Center (FMPTIC) 1-866-436-7842
1901 South 4th Street, Suite 209 www.fmptic.org
Effingham, IL 62401
Services: Assist parents about early intervention services for children from birth to three years of age. Provide information about special education services for school aged children, help with transition issues for students who leaving educational system and preparing for work, adult services or college. Provide information about resources, best practices, specific disabilities, parent to parent connections, training opportunities and conferences, through toll-free help line, workshops or website. Assist students with disabilities to understand their rights and responsibilities. Assist parents of children with disabilities to be informed participants of the special education process.
Hours: Monday, Wednesday, 8:00 am-6:30 pm, Tuesday, Thursday, Friday, 8:00 am-4:30 pm. Summer Hours: 8:00-4:30 Monday through Friday.

Centerstone www.centerstone.org
Centerstone South 618-457-6703
2311 South Illinois Avenue Fax: 618-529-4563
Carbondale IL 62903
Centerstone-Emerald Plaza 618-457-6703
200 North Emerald Lane Fax: 618-549-3734
Carbondale IL 62901
Centerstone Main Street, Campus 618-997-5336
1307 West Main Street Fax: 618-993-2969
Marion IL 62959
Administration and Centerstone Counseling and Wellness Center 855-608-3560
312 W Plaza Fax: 618-985-1020
Carterville, IL 62918
Centerstone Crisis Center 855-985-0911
403 Commerce Drive Fax: 618-956-4563
Carterville IL 62918
Services: Provides broad range of mental health services. Outpatient clinical therapy for individuals, families and groups, ages 4-18. Screening assessment and support services. Intensive outreach program for children and teenagers ages 4-18 at risk for psychiatric hospitalization. Outpatient
counseling, DUI evaluation and education, residential rehabilitation for adults, family, group, individual counseling related to substance use. Programs for pregnant teens and adolescent parents up to 21 years old. Programs for runaway and homeless youth aged 12-21. Marion Partnerships for Youth programs, Teen Action Program (school-based program), foster care support services and family prevention services for at-risk families referred by DCFS. Social/motional programs for children ages 0-5, and Early Head Start services.

**Application process:** Phone for more information.

**Fee:** Call for specific fees and insurances accepted.

**Illinois Centre Healthcare**
3111 Williamson County Parkway
Marion, IL  62959

**Services:** Psychiatry and counseling, family medicine, respiratory disease and dental

**Emergency Walk-In Clinic:** Saturday 9:00 am-11:30 am for all Shawnee Health Service established patients. Previous dental visit not required. Walk-in only.

**Fee:** Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

**Hours:** Monday-Friday, 7:30 am-5:30 pm.

**Illinois Department of Children and Family Services (DCFS)**

**Jackson County:** 1210 Hanson Street, Murphysboro, IL  62966

**Williamson County:** 107 Airway Road, Marion, IL  62959

**Services:** Investigation of reports of abuse and neglect of children; follow up services to families with children who are abused, neglected or are in need of foster care, unwed mother services, and counseling services; parenting training, home service specialists, day care licensing, referral, adoption and advocacy.

**Population:** Families in need of above-mentioned services.

**Application Process:** Referrals made by self, relatives, neighbors, law enforcement, schools, other agencies.

**Hours:** Monday-Friday, 8:30 am-5:00 pm, 24-Hour Hotline.

**HOTLINE:** 1-800-25ABUSE or 1-800-252-2873

**Johnston City Family Literacy Program**

(through John A. Logan College)

Located in the Johnston City at First United Methodist Church

**Services:** GED, ABE, ESL classes, computer classes, parent and child library activities.

**Population:** Johnston City residents, Head Start families.

**Fee:** None.

**Hours:** Vary by location, call for information.
Operation Rebound 618-549-8232
205 North Oakland Fax: 618-351-0288
Carbondale, IL 62901

**Services:** GED classes, Adult Basic Education classes, high school credit classes, Family Literacy program, ESL instruction, basic computer operations. Home visiting/case management program for students with children and provides parenting education, parent/child activities and development screenings for children.

**Population:** Adults 16 and over who have not completed high school or are deficient in basic skills and not enrolled in regular school; currently enrolled high school students with credit deficiency.

**Hours:** Annual schedule changes. Call for specific times. Night classes available.

Parents as Teachers
Carbondale/Family Literacy- P.A.T./Carbondale Community High School 618-549-8232
205 North Oakland Ave Fax: 618-351-0288
Carbondale, IL 62901

Unity Point School
4033 South Illinois Avenue
Carbondale, IL 62901

**Services:** Parent education program for parents and children ages 0-3.

**Application process:** Call for information.

**Fee:** None.

Project 12 Ways 618-453-2434
850 Lincoln Dr., Northwest Annex A Wing Suite 143 project12-ways.siu.edu
Southern Illinois University Carbondale
Carbondale, IL 62901

**Services:** Parent education and training, assertiveness training, health and nutrition skills, job/career counseling, money management skills, home safety and family activities. Offers a new/single parents’ program.

**Population:** Serves families from an eleven-county area in Southern Illinois.

**Eligibility:** Must be referred by DCFS, Lutheran Social Services or Catholic Social Services.

**Fee:** Free of charge to referred families. Approximately half of the families derive less than $1,000 income, an additional sum of about $750 is received in the form of entitlement such as SSI.

Teen Parent Services
Illinois Department of Human Services

**Jackson County Office:** 342 North Street, Murphysboro, IL 62966 618-687-1705
**Williamson County Office:** 1107 West DeYoung 618-997-6591
Suite 20, Marion, IL 62959 www.dhs.state.il.us
Services: Individual educational assessment, referrals for social services, referrals for job club, parent-child activities, workshops on parenting, family planning, STD’s, child support enforcement, life skills, home and family management, pre-natal instruction, child abuse, and substance abuse. Provide comprehensive case management with the emphasis on completion of HS diploma or GED. Assist with emphasis on vocational training. Provide transportation reimbursement and related costs to education such as books, cost of GED tests.

Eligibility: Pregnant or parenting male or female who is under age 21, without a HS diploma or GED, and also receives TANF (cash grant) from DHS.

Hours: Williamson County: Monday-Friday, 8:00 am-4:30 pm.

University of Illinois Extension  web.extension.illinois.edu/fjprw/
Jackson County: 402 Ava Road, Murphysboro, IL 62966  618-687-1727
Fax: 618-687-1612
Williamson County: 201-B West Main Street, Marion, IL 62959  618-993-3304
Fax: 618-997-1542

Services: Educational programs and information; Grandparents Raising Grandchildren newsletter, nutritional program, horticulture and agriculture programs, youth development programs.

Motto: Investing in you.

Application process: Office visit or call.
Serves: Franklin, Jackson, Perry, Randolph, and Williamson

Williamson County Early Childhood Cooperative  618-993-2138
411 South Court  www.wces.net
Marion, IL 62959

Services: Pre-Kindergarten programs for children ages 3-5, special education services and pre-vocational programming for students within Williamson County. Developmental screening, pre-kindergarten program, language development consultant services, Baby TALK parent education program for parents and children ages 0-3, parental training program.

Population: Children and families 0-5 in Williamson County who qualify for services.

Fee: No charge.
PAROLEE / PRISONER and FAMILY RESOURCES

Building Homes, Rebuilding Lives (through Lutheran Social Services)  618-997-9196 x 838
1616 West Main Street  618-997-9076 x 861
Marion, IL 62959

Services: Facilitates prison visits for family members and children; “Building Homes, Rebuilding Lives” project builds walls and other housing structures in prisons to be put together by Habitat for Humanity volunteers; RAPP program (Relatives as Parents Program) offers support for grandparents and caregivers caring for a child whose parent is in prison; Storybook project brings tape recorders and children’s books to prison for parents to read to their children. Referrals and support also available.

Application process: Call for more information about programs available in the area.

Child Support Services-Marion Regional Office  618-993-7801
3419 Professional Park Drive  1-800-447-4278 (toll free)
Marion, IL 62959  www.ilchildsupport.com

Services: Locate absent parents, secure or modify order for child support and/or health insurance, collect child support payments (any state) and establish paternity (legal father). Services for incarcerated parents to establish paternity. Project Clean Slate helps those behind in child support payments.

Eligibility: All parents, regardless of income levels.

Fee: One-time fee of up to $25 may be charged for services for non-TANF families.

Center for Empowerment and Justice, NFP  618-457-2777
231 N. Washington Street  TheCenter4Justice@gmail.com
Carbondale, IL 62901

The Center for Empowerment and Justice is a local branch of the Changing Minds Campaign, an initiative that does work all over the state. That program seeks to change attitudes about people caught in the cycles of poverty and incarceration.

Services: The Center for Empowerment and Justice strives to assist those in need within the community and stands as a place where individuals can come to receive support. Attorneys available to offer legal services for those involved in the criminal justice system. Southern Illinois Immigration Project (SIIRP), expungement services, and other legal assistance offered. Non-Profit Organization.
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<thead>
<tr>
<th>PUBLIC SCHOOLS</th>
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<tbody>
<tr>
<td><strong>JACKSON COUNTY</strong></td>
<td><strong>Carbondale</strong></td>
<td><strong>Giant City Consolidated School District No. 130</strong></td>
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<tr>
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<td>1062 Boskeydell Road 618-457-5391 102 N Parrish Lane Carbondale IL 62901 <a href="http://www.ces95.org">www.ces95.org</a></td>
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<td><strong>Unity Point Consolidated School District No. 140</strong></td>
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<td>4033 South Illinois Avenue 618-529-4151 Carbondale IL 62903 <a href="http://www.up140.jacksn.k12.il.us">www.up140.jacksn.k12.il.us</a></td>
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<td><strong>Murphysboro</strong></td>
<td><strong>Murphysboro Community Unit School District No. 186</strong></td>
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<td>593 Ava Road 618-684-3781 Murphysboro IL 62966 <a href="http://www.cusd186.org">www.cusd186.org</a></td>
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<td><strong>Rural Jackson County</strong></td>
<td><strong>DeSoto Consolidated Elementary School District No. 86</strong></td>
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<td>311 Hurst Road 618-867-2317 DeSoto IL 62924 <a href="http://www.desoto.jacksn.k12.il.us">www.desoto.jacksn.k12.il.us</a></td>
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<td><strong>Elverado Community Unit School District No. 196</strong></td>
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<td>114 South 8th Street 618-568-1321 P O Box 130 Elkville, IL 62932 <a href="http://www.elv196.com">www.elv196.com</a></td>
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<td><strong>Trico School District #176</strong></td>
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<td>16411 Highway 4 618-426-1111 PO Box 220 Campbell Hill, IL 62916 <a href="http://www.trico176.org">www.trico176.org</a></td>
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</table>
WILLIAMSON COUNTY

Carterville Community Unit School District No. 5  618-985-4826
306 Virginia
Carterville IL  62918
www.cartervillelions.com

Crab Orchard School District #3  618-982-2181
19189 Cory Bailey Street
Marion IL  62959 (street is located in town of Crab Orchard)
www.cocusd3.org/

Herrin Community School District No. 4  618-988-8024
500 N 10th Street
Herrin IL  62933
www.herrinunit.org/

Johnston City Schools District No. 1  618-983-8021
200 E. 12th St
Johnston City IL  62951
www.jcindians.org/

Marion School District No. 2  618-993-2321
1700 West Cherry
Marion IL  62959
www.marionunit2.org
# SOCIAL and COMMUNITY ACTION GROUPS / ADVOCACY

**League of Women Voters**

Box 1204  
Carbondale, IL 62901  
**Services:** Available to U.S. citizens that are registered voters. Candidates’ forums before elections; voter registration at various sites; community forums on issues.  
**Population:** Must be 18 years or older.

**National Association for the Advancement of Colored People (NAACP)**

207 North Marion  
PO Box 3303  
Carbondale, IL 62901

**Center for Empowerment and Justice, NFP**

231 N. Washington Street  
TheCenter4Justice@gmail.com  
Carbondale, IL 62901  
This is a local branch of the Changing Minds Campaign, an initiative that does work all over the state. That program seeks to change attitudes about people caught in the cycles of poverty and incarceration.  
**Services:** The Center for Empowerment and Justice strives to assist those in need within the community and stands as a place where individuals can come to receive support. Attorneys available to offer legal services for those involved in the criminal justice system. Southern Illinois Immigration Project (SIIRP). Non-Profit Organization.

**Voices for Illinois Children**

208 South LaSalle Street, Suite 1490  
www.voices4kids.org  
Chicago, IL 60604  
**Services:** Non-profit, non-partisan advocacy group for Illinois children and families. Through research, public education and coalition building, Voices generates civic, business and community support for cost-effective proposals to improve the lives of Illinois children.  
**Service Area:** Statewide.  
**Fee:** Membership fees apply. No fees for services.

**Voter Registration**

*Jackson County:* County Clerk, Courthouse  
1001 Walnut Street  
Murphysboro, IL 62966  
**Williamson County:** County Clerk, Courthouse  
618-997-1301  
Marion, IL 62959
There are two U.S. Senators elected for the entire state:

**Senator Tammy Duckworth**  
524 Hart Senate Office Building  
Washington, D.C.  20510  
202-224-2854  
www.duckworth.senate.gov

**Senator Richard Durbin**  
711 Hart Senate Office Building  
Washington, D.C.  20510  
202-224-2152  
www.durbin.senate.gov

There are two U.S. Representatives elected by Congressional Districts to represent Jackson and Williamson counties:

**Congressional District 12:**  
U.S. Representative Mike Bost  
1440 Longworth House Office Building  
Washington, D.C.  20515  
202-225-5661  
www.bost.house.gov

**Congressional District 15:**  
U.S. Representative John Shimkus  
2217 Rayburn House Office Building  
Washington, D.C.  20515  
202-225-5271  
www.shimkus.house.gov

There are two Illinois Senators elected in Legislative Districts within Jackson and Williamson counties:

**Legislative District 58:**  
Senator Paul Schimpf  
1032 W. Industrial Road  
Murphysboro, IL  62966  
618-243-684-1100  
senschimpf58@gmail.com

**Legislative District 59:**  
Senator Carol Sente  
294 Evergreen Drive  
Vernon Hills, IL 60061  
847-478-9909  
repsente@gmail.com

There are three Illinois Representatives in Representative Districts within Jackson and Williamson counties:

**Representative District 115:**  
Representative Terri Bryant  
Industrial Parkway  
Murphysboro, IL  62966  
618-684-1100  
repbryant.com

**Representative District 118:**  
Representative Patrick Windhorst  
2 N. Vine St.  
Harrisburg, IL 62946  
618-294-8703  
windhorst@ilhousegop.org

**Representative, Dist. 117**  
Dave Severin  
1301 Enterprise Way, Suite 40A  
Marion, IL 62959  
618-440-5090  
daveseverin.com
GOVERNOR OF THE STATE OF ILLINOIS
The Honorable J. B. Pritzker
Office of the Governor
207 State House
Springfield, IL  62706
217-782-6830 or 217-782-6831
www.2illinois.gov

Area Newspapers
Carbondale Communique Editor:  200 South Illinois Ave, Carbondale  618-549-5302
www.ci.carbondale.il.us

Carbondale Times:  701 West Main, Carbondale  618-457-4084
County Journal:  1101 East Pine, Percy  618-497-8272
Daily Egyptian:  Communications Building-SIU Carbondale  618-563-3311
www.dailyegyptian.com

Goreville Gazette:  205 South Broadway Ave, Goreville  618-995-9445
Marion Daily Republican:  502 West Jackson, Marion  618-993-2626
Southern Illinoisan:  710 North Illinois Ave, Carbondale  618-529-5454
www.thesouthern.com

Chambers of Commerce
Carbondale:  131 South Illinois Avenue  618-549-2146/www.carbondalechamber.com
Carterville:  120 North Greenbriar  618-985-6942/www.cartervillechamber.com
Herrin:  3 South Park Avenue  618-942-5163/www.herrinillinois.com
Marion:  2305 West Main  618-997-6311/www.marionillinois.com
Murphysboro:  1709 Walnut St.  618-684-6421/www.murphysboro.com

City Halls
Alto Pass:  23 Elm Street  618-893-4331
Ava: (City Clerk)  312 East Main Street  618-426-3641
Cambria:  302 Richard Street  618-985-6082
Campbell Hill:  (Mayor)  213 South Dean Street, Ava  618-426-3731
Carbondale:  200 South Illinois Avenue  618-549-5302
Carterville:  1200 Main Dr.  618-985-2252
Crainville:  Mayor and Village Hall, 1205 Main Street, PO Box 105  618-985-3322
Creal Springs:  507 East Walnut Street  618-996-2311
DeSoto:  210 West Lincoln  618-867-2315
Energy:  210 North Pershing Street  618-942-6212
Goreville:  105 West Collins Street  618-995-2157
Gorham:  618-565-2557
Grand Tower:  201 Market Street  618-565-2014
Herrin:  300 North Park Suite B  618-942-3175
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<thead>
<tr>
<th>City</th>
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<tbody>
<tr>
<td>Johnston City</td>
<td>(City Clerk) 100 West Broadway</td>
<td>618-983-6651</td>
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<td>(Mayor's Office)</td>
<td>618-983-6544</td>
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<tr>
<td>Jonesboro</td>
<td>(City Clerk) 100 Public Square</td>
<td>618-833-2712</td>
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<tr>
<td>Makanda</td>
<td>244 Makanda Rd</td>
<td>618-457-0360</td>
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<td>Marion</td>
<td>(City Clerk) 1102 Tower Square</td>
<td>618-997-6281</td>
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<td>(Mayor's Office)</td>
<td>618-997-2592</td>
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<tr>
<td>Murphysboro</td>
<td>1101 Walnut Street</td>
<td>618-684-4961</td>
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<tr>
<td>Pittsburg</td>
<td>302 W. Avery</td>
<td>618-993-8260</td>
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SUPPORT / SELF HELP GROUPS

Websites which may contain listings of support group meeting times and locations:
www.sih.net
www.thesouthern.com

Alzheimer Support Groups
- 24-hour help line 1-800-272-3900
- Alzheimer’s Disease Association, Southern Illinois Area Chapter 618-985-1095
- Parkway Manor 618-993-8600

Alcohol/Substance Abuse Support Groups
- Alcoholics Anonymous (AA) 800-307-6600
  www.southernillinoisaa.org
- Narcotics Anonymous (NA) 800-559-9503
  www.na.org

Arthritis Support Groups
- Arthritis Foundation, Chicago IL 1-800-735-0096
- Williamson County Programs on Aging 618-988-1585

Blindness Support Groups
- American Council for the Blind 800-424-8666
  www.acb.org

Breast Cancer Support Groups
- Breast Center 618-457-2281 x 68059
  Carbondale: 618-549-0721
  Murphysboro: 618-684-3156
  Herrin: 618-942-2171
- Women with Hope

Cancer Support Groups
- Cancer Information and Counseling 800-422-6237
- American Cancer Society 800-227-2345 or 618-998-9898
  www.cancer.org
- Strong Survivor Classes-SIH 618-457-5200 x 67133
- Herrin Hospital 618-942-2171 x 35644 or 35357

Caregiver Support Groups
- Family Caregiving 800-642-7773
- Chat group for caregivers of an adult with developmental delays 800-642-7773
- Addus Adult Day Center 618-998-2032
Depression Support Groups
• Centerstone 618-457-6703 or 618-997-5336

Diabetic Support Groups
• American Diabetes Association 800-342-2383
  www.diabetes.org
• University of Illinois Extension 618-993-3304
• Murphysboro Health Center (patients only) 618-687-3418

Divorce Support Groups
• Locator in Illinois www.divorcecare.org
• Christian Covenant Church 618-985-4011

Domestic Violence Support Group
• Women’s Center 800-334-2094

Grandparents Raising Grandchildren Support Groups
• Adolescent Health Center 618-529-2621
• American Association of Retired People www.aarp.org
• Caritas Family Services 618-985-2000
• Lutheran Social Services 618-997-9196
• Egyptian Area Agency on Aging www.egyptianaaa.org
  www.grandparenting.org
  www.gu.org

Grief Support Groups
• Aldersgate Methodist Church 618-997-6065
• Christian Covenant Fellowship 618-985-4011
• Christian Counseling Ministries 618-997-2129
• I Lost a Child Support Group 618-549-0721 x 65252
• St. Joseph Memorial Hospital 618-684-3156 x 55360
• Suicide Survivor’s Grief Support Group 618-549-5578

Head Injury Support Group
• Christian Life Center, Herrin 618-942-2171 x 35312

Heart Support Groups
• Heart to Heart Cardiac Support Group, Murphysboro 618-942-2171 x 35362
• Heartland Regional Medical Center 618-998-7907
• Lucky Hearts Cardiac Support Group, Herrin 618-942-2171 x 35362
• Mended Little Hearts (parents of children with heart disease) 618-318-2863
HIV Support
• Southern Illinois HIV Consortium, Jackson Co. Health Department 618-684-3143

Lung/Breathing Support Groups
• American Lung Association 800-586-4872
• Better Breathers 618-549-0721 x 65283
• Lung Cancer Alliance 800-298-2436
  www.lungcanceralliance.org

Lupus Support Group
• Lupus Foundation of America 800-258-7872

Mental Health Support Group
• Centerstone 618-457-6703 or 618-997-5336

Multiple Sclerosis Support Group
• National Multiple Sclerosis Society www.nationalmssociety.org

Ostomy Support Group
• United Ostomy Association of America 800-826-0826
• Carbondale Memorial Hospital 618-549-0721 x 65616
• Herrin Hospital 618-942-2171 x 25257

Parkinson’s Disease Support Group
• Parkinson’s Institute 800-655-2273
  www.thepi.org

Prisoner/Family Support
• Lutheran Social Services Prisoner and Family Ministry 618-997-9196 x 838

Rape/Sexual Assault Support Group
• Women’s Center 800-334-2094

Stroke Support Groups
• Christian Life Center, Herrin 618-942-2171 x 35312

Weight Support Groups
• Overeaters Anonymous (OA) online meeting finder 618-529-9006
  www.oa.org
• TOPS (Take Off Pounds Sensibly) 800-932-8677
TRANSPORTATION

Amtrak 618-457-3388
401 South Illinois Avenue
Carbondale, IL 62901 www.amtrak.com

First Transit 1-877-725-0569
Contracted by the State of Illinois’ Department of Healthcare and Family Services to operate a non-emergency, transportation system to/from non-emergency medical and dental appointments for medical card patients. Contact your IDHS caseworker for details.

Greyhound Bus Lines 1-800-231-2222
www.greyhound.com
Jackson County: 905 East Main, Carbondale, IL 62901 618-549-3495
Williamson County: 2100 West Main, Marion, IL 62959 618-997-6158

Jackson County Mass Transit District Carbondale: 618-549-0304
602 East College Street, Carbondale, IL 62901-3309 Toll Free: 1-866-884-RIDE www.jcmtd.com

Services: Provides general transportation for anyone/any age.
- Operates Monday through Friday from 7:00 am-6:00 pm
- Calls should be made by 5:00 pm the day before to schedule transportation. For service on Monday, calls must be made by 5:00 pm on Friday. Calls for same day services are based on availability, additional fees apply.
- Fares are charged for each one-way trip. Children under ten must be accompanied by an adult rider. List of fees can be found on website.
- Children 40 pounds and under must be in a car seat which adult passenger must provide and strap child in.
- Baggage cannot exceed amount that fits on lap or between legs.

Medical/Dental Transportation (see First Transit)

Medical Transportation Solutions 844-220-1243
Services: Will set up transportation for doctor appointments throughout Southern Illinois

Murphysboro Area Senior Citizens Council (Transportation) 618-687-1641
17 North 14th Street
Murphysboro, IL 62966
Services: Center provides transportation to local seniors. Lunch is also provided to area residents from the center. Will transport to doctor appointments if given notice.
Population: Age 60 and over and/or disabled.
Application process: None-just call 687-1641 for van reservation 24 hrs. in advance.
Fee: To fund activities, volunteers operate a resale shop at the center.
Hours: Monday-Friday, 9:00 am-4:00 pm.
RIDES Mass Transit (Williamson County) 618-993-1900
www.ridesmtd.com

**Services:** Low-cost transportation available in Williamson County. Call dispatcher 24-hours in advance to schedule ride; same-day service only available if schedule permits. Special service transportation arrangements can be made outside of regular routes.

**Fee:** Contact dispatcher for fees.

**Hours:** Monday-Friday, 8:00 am-5:00 pm.

Saluki Express 618-536-4636
SIU Carbondale Student Center  studentcenter.siu.edu/services/saluki-express/
Administrative Office, Mail Code 4407

**Services:** The Saluki Express Mass Transit operates 7 days a week providing service for all students as well as the general public. Routes can be downloaded from the website.

**Fee:** FREE for SIU student, with a valid student ID. Other fees are available on website.

**TAXICABS**

*Jackson County*

**Ace Taxi-Carbondale**  618-549-8294

**Crosstown Cab-Murphysboro**  618-684-3506

**Jet Taxi**  (618) 964-4412

**Moonlight-Carbondale**  618-528-9990

**Uber and Lyft**

*Williamson County*

**Archie Affordable Cab-Herrin**  618-942-5287

**Red Top Cab-Marion**  618-997-1098

**Ace Taxi-Marion and Herrin**  618-998-8294

**Uber and Lyft**
Illinois Department of Veterans' Affairs  618-997-3309
State Regional Office Building, 2309 West Main Street,  www2.illinois.gov
Suite 122, Marion, IL 62959
Services: Assist veteran, widow/widower, spouse, children in obtaining all benefits due them either on a Federal, State or County level; includes counsel/advise/assist with paperwork, etc. Veterans Service Offices (VSO)
Population: U.S. residents of Williamson, Jackson and the southernmost IL counties.
Hours: 8:30 am –4:30 pm, Monday-Friday.

Southern Illinois Veterans Coalition  www.facebook.com/SouthernIllinoisVeteransCoalition

Veterans Services  618-453-1335
Southern Illinois University  vets@siu.edu
Forward all transcripts from previous colleges and military training for review. Veterans Services strongly recommends submitting military transcripts to the University for evaluation. Military technical training earns course credit in many cases. Veterans may find their military transcripts at jst.doded.mil.

Veterans Legal Assistance Program (VLAP)  618-453-8280
855-452-3526 or 855-IL-AFLAN
SIU School of Law
Email: vlap@siu.edu

The veterans’ Legal Assistance Program provides free legal assistance to Veterans in southern Illinois who cannot afford or do not have access to legal representation in the appeals of claims for compensation of service-connected disabilities, pension, survivor benefits, and education benefits. For additional information or to request legal assistance with V.A. compensation appeal or petition for a discharge upgrade, contact VLAP.
Services: For assistance with civil legal matters like divorce, child custody, creditor/debtor issues, landlord-tenant problems, wills etc. call the Illinois Armed Forces Legal Aid Network at to speak to an attorney.
Hours: Monday-Friday, 9:00 am-4:30 pm.
YOUTH SERVICES

Adolescent Health Center
400 South Lewis Lane
Carbondale, IL 62901
Fax: 618-549-1288
www.shsdc.org

Social Services: Health education and case management, counseling, Healthy Families program for first time parents, Family Centered Services focuses on truancy prevention in schools, Communities Empowering Youth provides positive youth development programming, suspensions and /or expulsions. Behavioral Health

Target Population: 0 - 25 years old.

Fee: Medicaid/All Kids and most forms of commercial insurance accepted. Sliding fee scale based upon family income and number in household for uninsured.

Hours: Monday, Wednesday, Friday, 8:30 am-5:00 pm; Tuesday, 8:30 am-8:30 pm.

Attucks Community Services, Inc.
Eurma Hayes Center
441 East Willow
Carbondale, IL 62901


Population: Youth ages 6-18.

Application process: Fill out application.

Fee: None for most services. $20.00 for first child and $5.00 for additional children for Summer Enrichment Program.

Hours: Monday-Friday 8:00 am-5:00 pm; youth service hours 3:00 pm-6:30 pm.

Boys and Girls Club of Carbondale
250 North Springer Street, PO Box 3092
Carbondale, IL 62901

Services: Supply valuable youth development programs and activities for children ages 6-18.

Application: Online

Hours: Member hours: Monday-Friday: 3:00 pm-7:00 pm; Administration hours: Monday-Friday; 8:00 am-4:00 pm.

Gateway Youth Care
1080 East Park Street
Carbondale, IL 62901

618-529-1151 x 2961
Fax: 618-549-9540
www.recovergateway.org
Services: Male and Female Teen (approximate ages 12-18): Residential and Day Drug Rehab and Alcohol Treatment; Co-ed Adult/Teen: After work/after school outpatient treatment programs; co-ed substance abuse aftercare for adults and teens.

Application process: Contact intake coordinator.

Fee: Insurance, Medicaid eligible, self-pay.

Centerstone
Centerstone South
2311 South Illinois Avenue
Carbondale IL 62903
Fax: 618-529-4563

Centerstone-Emerald Plaza
200 North Emerald Lane
Carbondale IL 62901
Fax: 618-549-3734

Centerstone Main Street, Campus
1307 West Main Street
Marion IL 62959
Fax: 618-993-2969

Services: Provides broad range of mental health services. Outpatient clinical therapy for individuals, families and groups, ages 4-18. Screening assessment and support services. Intensive outreach program for children and teenagers ages 4-18 at risk for psychiatric hospitalization. Outpatient counseling, DUI evaluation and education, residential rehabilitation for adults, family, group, individual counseling related to substance use. Programs for pregnant teens and adolescent parents up to 21 years old. Programs for runaway and homeless youth aged 12-21. Marion Partnerships for Youth programs, Teen Action Program (school-based program), foster care support services and family prevention services for at-risk families referred by DCFS. Social/motional programs for children ages 0-5, and Early Head Start services.

Application process: Phone for more information.

Fee: Call for specific fees and insurances accepted.

Teen Parent Services
Illinois Department of Human Services
Jackson County Office: 342 North Street, Murphysboro, IL 62966 618-687-1705
Williamson County Office: 1107 West DeYoung
Suite 20, Marion, IL 62959 618-997-6591

Services: Individual educational assessment, referrals for social services, referrals for job club, parent-child activities, workshops on parenting, family planning, STD’s, child support enforcement, life skills, home and family management, pre-natal instruction, child abuse, and substance abuse. Provide comprehensive case management with the emphasis on completion of HS diploma or GED. Assist with emphasis on vocational training. Provide transportation reimbursement and related costs to education such as books, cost of GED tests.

Eligibility: Pregnant or parenting male or female who is under age 21, without a HS diploma or GED, and also receives TANF (cash grant) from DHS.

Hours: Williamson County: Monday-Friday, 8:00 am-4:30 pm.
Web Resources

Early Childhood Learning and Knowledge Center (ECLKC)  eclkc.ohs.acf.hhs.gov
Employment Assistance  www.mantracon.org
Healthy Southern Illinois Delta Network  hsidn.org
Prevent Child Abuse Illinois  www.preventchildabuseillinois.org
SI Families Connect  www.sifamilies.org
Southern Illinois Healthcare (SIH)  www.sih.net/careers