

Treat & Snack Approval Form

Any person bringing treats or snacks into any Head Start classroom must obtain prior approval for the food item they wish to bring.

In order to obtain approval, the following steps/guidelines must be followed:

Parents must send a note with their child to the center director three (3) days in advance stating what food item they would like to bring *and* the date they would like to bring it.

If approved, the center director will send a note home with the child giving consent to send the food item(s).

All food brought in must be:

- Nut-free (this includes both peanuts and tree nuts)
- Pork-free (including gelatin)
- Must adhere to health restrictions of all children in the classroom
- Store-bought, pre-packaged, and unopened in the original container

Parents are encouraged to select *nutritious* foods. Some suggestions are:

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|---|--|--|---|
|  Sliced Veggies |  Snack Crackers |  Pretzels |  Low-sugar Muffins |
|  Graham Crackers |  Fruit Kebobs |  Dried Fruits |  Low-sugar Yogurt |

Families may also celebrate the occasion with things other than food items. Some examples are stickers, temporary tattoos, fidget toys, etc.



Child's Name: _____ Classroom: _____

Parent's Name: _____

Treat that will be served: _____

Date & time treat will be served: _____

Date request received by Center Director: _____

Center Director's Action (circle one): ☐ APPROVED ☐ DENIED

Comments:



Center Director Signature: _____ Date: _____

Health/Nutrition Staff Signature: _____ Date: _____

