

# QUICK GUIDE: ISOLATION | COVID-19 |

What to do when a child in your early care and education (ECE) program might have COVID-19

DAY 0

Child is sick or has a positive COVID-19 test

## Isolation

DAY  
1-5

Child stays home and **isolates** away from other people to the extent possible.

DAY  
6

Is the child **fever-free** for 24 hours without the use of fever-reducing medication?

AND

is the child **free of symptoms** or **symptoms improved**?

AND

is the child 2 years of age or older and **able to consistently wear a mask** in the ECE program?



YES



## Return to the ECE program

Whenever possible, keep children who are returning from isolation or quarantine before day 11 away from people who are at high risk, and 6 feet apart when masks are not worn.



NO



DAY  
6-10

It is **safest** to continue isolation until the end of day 10<sup>1</sup>.

For children who have symptoms, continue isolation until the child is **fever-free** for 24 hours without the use of fever-reducing medication and other symptoms have improved.

For children who were severely ill, or whose fever persists past day 10, consult a healthcare professional before returning to the ECE program.



YES

(After day 10)

### <sup>1</sup>For program administrators:

When you determine isolation policies, you should consider multiple factors: The impact of the loss of access to education and care on the well-being of children and families, the level of community transmission of COVID-19, presence of other people who are at high risk for severe illness, and the ability to use additional prevention strategies.



# QUICK GUIDE: QUARANTINE | COVID-19 |

What to do when a child in your early care and education program (ECE) might have been exposed to COVID-19

**DAY 0**

Child has been in **close contact** with **someone who has COVID-19**

Did the child have confirmed **COVID-19** within the last 90 days AND is the child without symptoms?



Is the child up to date with COVID-19 vaccines?



**Quarantine**



**DAY 1-5**

Child stays home and **quarantines** away from other people to the extent possible. Monitor for symptoms.

**DAY 6**

Is the child 2 years of age or older and **able to consistently wear a mask** in the ECE program?



**NO**

**DAY 6-10**

It is **safest** to continue quarantine until the end of day 10<sup>1</sup>.



**Return to the ECE program**

Whenever possible, keep children who are returning from isolation or quarantine before day 11 away from people who are at high risk, and 6 feet apart when masks are not worn.

**NOTE:** If child has or develops symptoms at any point during their quarantine period, they should isolate immediately. Consult a healthcare professional for testing recommendations.

**<sup>1</sup>For program administrators:** When you determine quarantine policies, you should consider multiple factors: The impact of the loss of access to education and care on the well-being of children and families, the level of community transmission of COVID-19, presence of other people who are at high risk for severe illness, and the ability to use additional prevention strategies.

